October 2015

Tishrei/Cheshvan 5776



PATHFINDER

Personal Expression — Josh Lowitz

Rosh Hashanah Evening September 13, 2015

Shana Tova, I am thrilled and honored to welcome my fellow congregants to Congregation Solel this Rosh Hashana 5776. For the 58th time, our sacred community is coming together to welcome a new year with prayer, song, learning, and fellowship. And I would like to talk about prayer, song, learning and fellowship.

We are blessed with incredible clergy to guide us in prayer, lead us in song, to teach us and counsel us, and to give spirit to our congregation. Rabbi Moffic is a gifted teacher, communicator, interpreter of current events, and spiritual leader. Cantor Glikin is a gifted musician, spiritual guide and community builder. We are blessed with music from our volunteer and professional choir, under the direction of Warren Fremling, with accompanist, Phil Orem.

We are also blessed by our religious school leadership – our new Director of Congregational Learning, Ashley Plotnick, and teacher turned Religious School Coordinator, Michael Schneider. The school year has yet to start, and I think all of our religious school families have already felt Ashley and Michael's passion for educating and engaging our youth, and are looking forward to a wonderful year of learning and growing together. Our faculty – longstanding and new – and our B'nei Mitzvah educator, Simcha Ackerman, are committed to our youth, our youth's Judaism, and our youth community.

And our youth community is strong and getting stronger. Through a generous gift from a religious school family and the vision and dedication of our Cantor, Rabbi, and Religious School leadership, youth group programming is returning to Solel. This inspiring family has chosen to remain anonymous, as have so many throughout Solel's history, and we are grateful to them for their leadership and commitment to our congregation.



(Continued on page 12)

Congregation Solel Presents The Life and Music of Moshe Wilensky



October 18 at 4:00 pm FEATURING CANTOR VICKY GLIKIN AND SPECIAL GUESTS

Moshe Wilensky is one of the most significant and influential composers of the new Israeli Song. His compositions tell the story of the land of Israel and the State of Israel from 1930s until the late 1990s. Join us at this concert to learn about Wilensky's life and to hear the music that helped shape a nation.



Please join us for **SUKKAH DECORATING &** a potluck lunch!

Sunday, October 4 12:00 pm

Please bring a nut-free dish that can be shared with 8-10 people and we will provide the dessert!

RSVP appreciated to Michelle Raz at soleloffice@solel.org or (847) 433-3555.

Solel Film Group Dresents: The Two of Us

Tuesday, October 6 at 7:15 pm

6:15 pm Dinner (\$10 with RSVP by Oct. 5 to office) 7:15 pm Film & Discussion

The rambunctious young Claude seems to invite trouble, to the despair of his parents; in occupied France. Christian friends arrange for Claude to be sheltered on the farm of an elderly couple; but the boy must hide his Jewish identity. With an irresistible performance by Michel Simon as the endearing grouch, the award-winning French film has English subtitles.



FREE AND OPEN TO THE PUBLIC

Congregation Solel Film Committee: Phil Cohen, Eugene Finerman, Sandy Kaminsky, and Susan O'Neill





Simchat Torah Friday, October 9 6:30 pm Evening Service & Consecration

Bring friends & family of all ages to celebrate the completion of the reading of the Torah and beginning the new reading cycle!

We would welcome your donations to help make the Shabbat oneg special! Please contact the synagogue office if you are interested in sponsoring.

Join Solel's Fall Blood Drive!

October 25 8:30 am – 12:30 pm

Solel's blood drives have consistently been among the most successful blood drives of any congregation on the North Shore.

Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Join your fellow congregant donors for bagels and cream cheese, home baked goodies and shmoozing.

Appointments can be made by contacting Diane Resnick: dnrphd@gmail.com or (847) 926-8510, Julie Bringas: jbringas@sbcglobal.net, Debbie Zucker: zuckerdeb@sbcglobal.net or by going on the Lifesource website:

https://donateblood.lifesource.org/.

The Future of *Your* Healthcare

at Congregation Solel

Sunday, October 4 10:30 – 11:30 am

Guest Speakers:

Murray Levin, M.D., Professor Emeritus in Medicine - Nephrology, Northwestern University Feinberg School of Medicine

Lewis Segal, M.D., Diagnostic Radiology, Northwestern Memorial Hospital

Jeffrey Weinberg, M.D., Internal Medicine, Northwestern Medical Group

Bruce Hochstadt, Partner, Mercer Consulting

Moderated by Solel member John Cody, a well-renowned Chicago radio reporter

Please join our distinguished panel of Solelites discussing important healthcare issues such as what to look for in a doctor, how to ask questions, advocate for yourself, and loved ones.



Rosh Chodesh Cheshvan Celebration for Women

Tuesday, October 13 7:00 pm-9:00 pm

Rosh Chodesh is a celebration of ourselves, our uniqueness as women, and our relationship with the Divine. Join us as we make new friends, see familiar faces, and learn more about ourselves and each other. In honor of Breast Cancer Awareness Month, please bring cash or check donation that will be sent to Sharsheret (Hebrew for "chain"), an organization supporting young women and their families, facing breast cancer.

7:00-7:20 pm – Social time – get to know the other women of Solel and nosh.

7:20-7:50 pm - Rosh Chodesh ritual led by Cantor Glikin.

7:50-9:00 pm - Spiritual restorative and chair yoga led by Andy Amend and Claire Golan, certified yoga instructors. Please wear comfortable clothing and bring a yoga mat if you own one.

This Rosh Chodesh Celebration is hosted by Andy Amend, Claire Golan, and Barbara Volin.

Please RSVP to <u>soleloffice@solel.org</u>. Questions? Please be in touch with Cantor Vicky Glikin at <u>cantorglikin@gmail.com</u>.

We look forward to seeing you at this wonderful event for women!

Future Dates: December 13 February 9 June 6





Friday, November 20 7:30 pm

Join us as Solel's Adult Choir leads us in harmonious prayer. From time-honored classics to contemporary gems, this service is certain to elevate and inspire.

Do you enjoy singing? Then, join the choir! The ability to read music is beneficial, but not required. Just bring your enthusiasm and a smile. For more information, please contact Cantor Vicky Glikin at cantorglikin@gmail.com

Sharing Magic of Music Future Dates:

December 18

- January 15
- February 19
 - March 18
 - - April 15
 - May 13

HALLOWEEN SHABBAT SHALOM A SERVICE FOR THE WHOLE FAMILY

Friday, October 30

5:30 PM Pizza Dinner 6:15 PM Shabbat Service

High energy and casual atmosphere ... COME IN COSTUME & join families and Solelites of all ages to celebrate Shabbat.

If you celebrated a birthday or anniversary in the month of October, please join us at this service for a very special blessing celebrating your milestone.

To help celebrate, we encourage you to bring a children's present or gift card to donate to the Ark for those who are less fortunate.

> Future Dates: November 27 December 25



Saturday, October 31 10:30 am

PUT ON YOUR FUN HALLOWEEN

COSTUMES & join other families with children 0-5 years of age for a fun, "Gymboree-style" Shabbat program, featuring music, maracas, puppets & parachutes. Followed by a complimentary bagel brunch & playtime. Led by Cantor Vicky Glikin.

> Future Dates: November 21 December 19

Please Join Us for a WOMEN'S SEDER Planning Meeting on

Monday, October 19 7:30 pm

We need YOUR help to plan this year's Women's Seder, which will be on Sunday, April 10 at 4:00 pm. Whether you've been involved in the past, or if this will be your first time, we need YOU!



At this meeting

you will meet some of Solel's incredible women and learn how to get involved. Each and every person on the planning committee makes the Seder special every year and we'd love for **YOU** to take part! It's a great opportunity to spend time with your friends at Solel and make new ones!

Please contact Cantor Vicky Glikin with any questions at <u>cantorglikin@gmail.com</u> or (847) 433-3555. *Thou Shalt Not Stand Idly By*: A Discussion of Gun Safety

> Sunday, October 25 10:30 am -12:00 pm

at Lakeside Congregation for Reform Judaism 1221 Lake Cook Road ● Highland Park, IL 60035 (847) 432-7950

Program:

Laura Frisch, Representative from Moms Demand Action for Gun Sense in America *"Be SMART for Kids":* A Conversation About Kids, Guns, and Safety

Lake County Sheriff's Deputy Roman Buchberger

Gun Safety as it Pertains to Public Safety, FOID (firearm owners' identification cards), safe gun storage, and smart guns

Video: Dr. Gary Slutkin's TED Talk

Let's Treat Gun Violence Like a Contagious Disease

Q&A

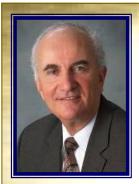
Next Steps

Light brunch prior to the program. Free. Open to Congregation Solel and Lakeside Congregation members only.

For more information, contact Meta Levin at <u>meta.levin@comcast.net</u> or Sharon Stein at <u>sstein24@gmail.com</u>.

Sponsored by Congregation Solel Just Congregations Initiative and Lakeside Congregation Social Action Committee





SAVE THE DATE FOR TWO EXCITING OPPORTUNITIES WITH RABBI DOV TAYLOR:

November 13-15, 2015 Scholar in Residence Weekend at Solel

February 28-March 10, 2016 An Interfaith Experience of Israel & the West Bank

Details can be found <u>here:</u>

http://www.mejditours.com/open-tour/an-interfaith-experience-of-israel-palestine/

From Rabbi Dov Taylor

The title of my sermon on Friday night, November 13th, will be, "A House Divided."

Below is an article about the Shabbat afternoon program:

"It is difficult to get the news from poems...."

There are times when a line of poetry expresses what no mere prose can touch. Judith, my resident poet, made me aware of such a line from William Carlos Williams' "Asphodel, That Greeny Flower":

It is difficult to get the news from poems yet men die miserably every day for lack of what is found there.

First published in 1955, the poem was written during a period of almost overwhelming crisis in Williams' life. Another such poem is "On Yom Kippur" by the late, great Israeli poet, Yehuda Amichai. It, too, came into existence in a time of existential crisis. Through allusion and indirection, Amichai gives us no news but almost everything we need to know about the ongoing tragedy of the Israeli-Palestinian conflict.

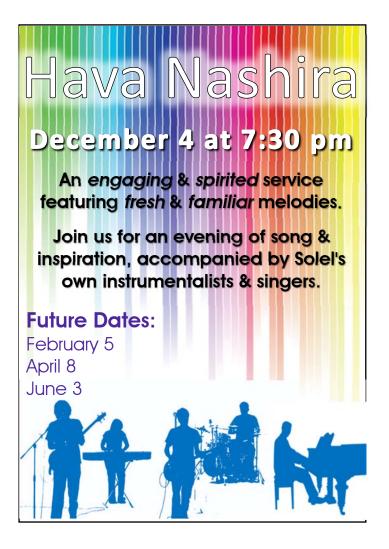
Join me for a close reading of the poem, which will be distributed at the session, and a discussion of the news not found there.

As in previous years, on Sunday morning I'll lead a discussion of Contemporary Jewish Issues. Here, too, copies of relevant articles will be distributed at the session.

Judith and I are looking forward to being with you in November.

- Rabbi Dov Taylor rabbit@solel.org





From Your House Committee

The House Committee functions to maintain and improve the physical plant of Congregation Solel. During the past year the committee has supervised the removal of a number of trees from the east forest, the south lawn and the west side of the driveway entrance for everyone's safety. In addition, the parking lot has had major patching done after last winter's freeze/thaw cycles.

The committee has also noted that the water fountain outside the main restrooms does not have a cooler unit. Therefore, the committee would like to improve this situation with a new 2-level water cooler for the benefit of children in our religious school and our adult members. The cost of this devise and installation is approximately \$1800. The House Committee would like a donor to support this project. Please contact Executive Director, Allan Litwack at allan@solel.org for further information.

Plum Ice Cream?

Where on earth can you find plum ice cream, a fragrant lychee sorbet, fig mascarpone, and a cashewflavored ice cream with salty toffee? These are a few of the flavors being handmade by the Buza ice cream company in Israel. But if the flavors are unusual, so is the company that makes them. It's a three-year-old joint venture of Adam Ziv and Alaa Sawitat—an Israeli from Kibbutz Sasa and a Palestinian from the village of Tarshiha.

"Three years ago when I went around telling people that I was opening an ice cream parlor in an Arab town in the north, everyone thought I was crazy. Today it feels like the shop has been there forever, and the same goes for my friendship with Alaa," says Ziv. "Back then I said that we weren't doing co-existence, we were just doing. And I really feel that businesses like ours can act as a bridge. There are so many overlapping circles of life now because of this business, things you hardly ever see elsewhere in today's Israel."

At the opening of their new center in Tel Aviv, many people from Sasa and Tarshiha who have become friends were there. "In the end, life comes down to the simple things, like sitting together under a tree and eating ice cream," says Ziv. "It's just so natural that you don't think about it and it doesn't feel forced. Just think how many more of these circles could be created if there were another 10 or 100 businesses like ours. I went from zero belief that this sort of connection could change anything to total belief in it. I would love to be able to start a foundation that would support the creation of many more joint Jewish-Arab businesses."

It's ventures like this — created not by the government but by the people — that hold out the greatest promise for conflict resolution and eventual rapprochement. And it's ventures like this that the *Interfaith Experience of Israel-Palestine* that I'll be leading starting February 28th are designed to support. If you'd like to join the effort, I'd love to have you aboard. The website is: <u>www.mejditours.com/opentour/an-interfaith-experience-of-israel-palestine/</u>.

"Buza"? That's Arabic for "ice cream."

- Rabbi Dov Taylor <u>rabbit@solel.org</u>





An Interfaith Experience of ISRAEL AND PALESTINE Led by Rabbi Dov Taylor

February 28 – March 10, 2016 Deadline to register October 28, 2015

For Israelis and for Jews around the world, the 1948 War of Independence was a miracle – and a new beginning for a suffering people. For Palestinians, it turned out to be a catastrophe. Both narratives are authentic and paying attention to them is an ethical act. By listening with open hearts we become aware of the human dimensions of the conflict, the moral complexity, the pain and the possibilities. More: By listening, we become part of the story.

This journey offers opportunities to meet Israelis and Palestinians and hear their stories, and to visit historic and contemporary sites in Israel and the West Bank that are important to Judaism, Christianity and Islam. There is also an optional 3-day extension to the Negev and Petra.

\$3,144 per person, *\$300 deposit is due October 28, 2015.* Optional Extension - \$1,475 per person

For more information visit our website: http://www.mejditours.com/open-tour/an-interfaithexperience-of-israel-palestine/

TRIP INCLUDES

- ✓ 11 Nights' Lodging (double occupancy)
- MEJDI-trained
 Israeli and
 Palestinian guides
- Private bus and driver
- Two meals per day (breakfast and lunch or dinner, as indicated on itinerary)
- ✓ All speaker, sites, and entrance fees
- Dedicated customer service representatives in the USA and Jerusalem
- Customary tips to drivers, guides, and hotel staff

Learn to Read Hebrew with Beth Sanchez

Beth Sanchez, a teacher and fellow congregant, will be offering a Hebrew reading class in the coming year. The class will give congregants the opportunity to learn to decode Hebrew.

All classes will be offered on the following Thursdays at 1:15-2:15 pm:

- October 8, 15, 22, 29
- November 5, 12, 19
- December 3, 10, 17
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 3, 10, 17, 24, 31

Students will need to purchase the book, *Shalom U'vracha*, to participate in the class. The book can be purchased for \$15 in the Religious School office.

RSVP required to soleloffice@solel.org. To register and for more information please contact Ashley Plotnick, Director of Congregational Learning, at (847) 433-3417 or SolelEducator@solel.org.

ATTENTION STUDENTS! SAVE THE DATE FOR OUR YOUTH GROUP THIS YEAR !!

Trailblazers (3rd- 5th graders) Saturday, October 17: Havdalah, Pizza, Movie, & Dessert

Solelim (6th- 8th graders)

Saturday, October 24: Havdalah, Pizza, Movie, & Dessert

SolTY (9th- 12th graders) Tuesday, November 17: Meal packing for PADS & Dinner

Nickel City, Gaga Tournaments, Chicago Wolves Hockey Games, and more!

For more information, please contact Michael Schneider at religious_school@solel.org or (847) 433-3417.

Pathfinder

Mazel Tov to Jordan Jacobson on his Bar Mitzvah!



Jordan Jacobson, son of Ralph and Gabrielle, will become a Bar Mitzvah on October 3, 2015. He is a 7th grader at Edgewood Middle School in Highland Park. Jordan's favorite hobbies are snowboarding, skateboarding, tennis, water skiing, getting together with his friends and playing with his dog, Zoey. Jordan's Torah portion is *Chol Hamoed Sukkot*, from the Book of Exodus. The most important thing Jordan learned from his Torah portion is that God should be forgiving when people make mistakes. The important thing Jordan learned from his experience becoming a Bar Mitzvah is that hard work pays off! The greatest challenge he faced in preparing for his ceremony was learning to read his Torah portion with confidence and accuracy.

Mazel Tov to Josh Hollander on his Bar Mitzvah!



Joshua Daniel Hollander, son of Gregg and Pam, will become a Bar Mitzvah on October 10, 2015. He is in 7th grade at Wayne Thomas Elementary School in Highland Park. When Josh is not in school, he enjoys playing soccer, hanging out with his friends, cooking and going to overnight camp. For his Mitzvah Project, he helped cook meals for PADS, a nonprofit organization dedicated to providing emergency shelter, permanent supportive housing and comprehensive resources to families with children and individuals experiencing homelessness in Lake County, Illinois. Helping to cook meals for PADS taught Josh how important giving back is, and that even a home-cooked meal goes a long way for individuals that may not receive one regularly. Josh's Torah portion is *Bereshit*, from the Book of Genesis. The most important thing Josh learned from his experience becoming a Bar Mitzvah is to not procrastinate. The greatest challenge he faced in preparing for his ceremony was learning to chant his portion without trope, directly from the Torah scrolls.

Mazel Tov to Ethan Fineman on his Bar Mitzvah!



Ethan Fineman, son of Marc and Heather, will become a Bar Mitzvah on October 17, 2015. He is a 7th grader at Elm Place Middle School in Highland Park. His favorite hobbies are playing in the HP Elite soccer club with his friends, watching the Chicago Cubs and spending time with his dog, Roxy. For his Mitzvah Project, Ethan volunteered for the City of Highland Park where he removed trash from the beaches and cut down invasive plant species in the forests. Ethan's Mitzvah Project taught him the importance of taking care of our natural resources and the environment. Ethan's Torah Portion is *Noach*, from the Book of Genesis. Ethan learned from his Torah Portion that all of Earth's living things depend on each other. The biggest take-away for Ethan when studying for his Bar Mitzvah is how much work and planning it takes to prepare for such an important event. Ethan thinks this was a good experience to prepare for adult-hood. The greatest challenge he faced in preparing for his ceremony was learning the Hafta-

rah, which he thinks he will remember until he is an old man.

Mazel Tov to Robert Hochstadt on his Bar Mitzvah!

Robert Hochstadt, son of Bruce and Kati, will become a Bar Mitzvah on October 24, 2015. He is in 7th grade at Edgewood Middle School in Highland Park. Robert's favorite hobbies are baseball, basketball and collecting sports memorabilia. From his Mitzvah Project training therapy dogs, Robert learned that the simple affection of a dog can help people in their daily life and even those recovering from illness. Robert's Torah Portion is *Lech L'cha*, from the book of Genesis. The most important thing Robert learned from his Torah portion is that taking risks can positively affect your life. The important thing Robert learned from his experience becoming a Bar Mitzvah is that it is incredibly rewarding when you put your mind to something and commit to achieving a goal. The greatest challenge he faced in preparing for his ceremony was learning his Haftarah and committing time to learn it.

Josh Lowitz

(Continued from page 1)

Our congregation is also grateful for the dedication and tireless work of our Executive Director, Allan Litwack, and of Evelyn Brewer, Michelle Raz, Jenny Gilbertson and Vic Bassi; and our custodial staff Juan Gutierrez Sr., Juan Gutierrez Jr., Carlos Gutierrez, and Hugo Gutierrez.

And now, I would like to talk about us – and our fellow-ship.

Like a chosen people, Solel is a chosen congregation. Unlike a city with one Jewish family and two synagogues – theirs and the one they would not set foot in; our community has many synagogues, many of which we would set foot in and some that might be more convenient. So all of us have made an affirmative decision to be Pathfinders together. It is an affirmative decision to join a synagogue and an affirmative decision to be part of Solel.

As I meet and work with more and more congregants, it becomes clearer what distinguishes us and attracts us. When we study together, when we pray together, when we work together, and when we just are together, the intellect, diversity of thought, and respect shines through. Any differences are more than made up for by our commitment to our sacred community and beliefs.

When I was on the search committee that found Rabbi Moffic, at the first meeting, we introduced ourselves and talked about our lives at Solel. For each person, there was a progression of getting integrated into the congregation and making friends. In many cases, there was a single catalyst – like one class or one volunteer effort that jump-started their connection and ongoing commitment.

A year and half ago, Professor Ron Wolfson, author of Relational Judaism spoke at our successful JUF brunch, and earlier this summer we applied to participate in a Union for Reform Judaism Community of Practice group on fostering Small Groups with Meaning within a congregation to strengthen the congregation. After review of our written application and a lengthy phone interview, we were selected to participate. Over the next 18 months, we will be learning and sharing ideas with URJ facilitators and other reform synagogues – and experimenting with ways for members of the Solel community to connect.

An organic, pre-workshop experiment this summer was the first Solel softball team in the North Suburban Synagogue league. A great group of Solelites formed the Pathfinders, with a great team logo and shirt, and they had a very successful season. In fact, they won what I believe is the first sports trophy in Solel history. The trophy is in the office, and for the time being, the fine arts committee is still in control of the display case in the main hall.

I hope we can all find ways to connect and make friends at Solel. Many come here with friends and relatives, and there are many ways to make more. In the interest of time, I am going to briefly mention three central ways – Torah, Avodah, and Gemitluch Hasadim – study, prayer, and acts of lovingkindness, which can include Tikkun Olam. We have classes and speakers, services, and social justice efforts that never disappoint – and they bring us together.

One great opportunity for coming together will be an innovation in the Religious School schedule. Tefillah for kindergarten through 2nd grade classes is going to be held during the final half hour of Sunday religious school and parents are invited to attend. Tefillah for 3rd through 7th grade students will be held during the final 35 minutes of Hebrew School on Tuesdays, and again, parents are welcome. What could be nicer than a little prayer and a little singing, sitting with your child or another Solel parent?

Everyone is encouraged to connect – and I mean that. During the recent religious school teacher training day, after tefillah for the faculty and board, and lunch hosted by the board, Rabbi Ari Moffic presented a workshop on interfaith families in the classroom. Our Jewish community and our future is built on families of all configurations – and those that choose to worship, study, and educate their children at Solel are making a genuine commitment to our congregation and the Jewish people.

Finally, I want to talk about our Mitzvah or Caring Committee. For 58 years, the Solel community has supported each other in times of need. The meals prepared, rides given, and visits made are innumerable. The strength of our Solel community makes this possible and in turn, it strengthens Solel.

So I want to ask everyone a favor. We want to make sure that our Solel community can be there to support one another. To do this, we need to know who is in need. Please do not be shy about calling the Rabbi or Cantor to say that you, or a family member, or someone else at Solel is sick or in need of support. You are not violating their privacy; you are making it possible for

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Bernie Berkin Personal Expression

Rosh Hashanah Morning September 14, 2015

President Carter's recent book is called "A Full Life at 90." I want to tell you now about my full Jewish life at 90, although I won't reach 90 until next year. I grew up on the west side of Chicago in a community of approximately 120,000 Jews virtually all orthodox and yet with many secular Yiddish-speaking socialist Jews. Among approximately 70 synagogues, there was one reform congregation, Temple Judea, but most of us were confused about it's purpose. My Bar Mitzvah was held in a small shul with very little fanfare and my speech was in Yiddish. I liked my young Hebrew teacher and coach so much that I agreed to continue reciting each weekday's morning prayers wearing the traditional head-tefillin and leather tefillin bound tightly around my left arm. Among the prayers is the Shema and the commandment "you shall bind them as a sign upon your hand, they shall be for a reminder between your eyes." When I went to Henry Horner summer camp, named for Illinois' only Jewish governor, several months later, run by the Young Men's Jewish Council, I didn't see anyone else wearing tefillin. I was young and not too committed, so that essentially ended my Orthodox religious life.

About ten years later, I met Reform Judaism. As the saying goes, I found religion. While training to become a public school administrator, I answered a post from the Board of Jewish Education looking for Jewish public school teachers to apply for part-time religious school positions in reform congregations. The next few years I taught at South Shore Temple, KAM, and Beth Emet, and finally in 1956, at the age of 29, I was hired as the first principal of KAM North Shore. A year later, this new congregation became independent and chose the unique name — Solel.

For the next 14 years as the part-time principal and all the years since, Solel served as the foundation for my actual Jewish life. During those school years, I had the opportunity to work with amazing teachers and religious school council members. Among the earliest teachers I hired were June and Joyce Soshen. Many of you are quite familiar with Joyce Soshen Schrager, who has been teaching adult classes here for decades. Some of the teachers I brought to Solel went on with their families to become influential members of the congregation. They were Muriel Flanders, Natalie Belrose, Roz Ebstein, Eli Liebow, Laurence Charek, Helene and Bernie Ellis, Janice Kleinman Ross, Elisa and Larry Rubenstein, Marlene Sampson, and Sheila Marks, who later became one of Solel's fabulous presidents. Over the years I grew very close to countless Solel families. Some of those early children in the religious school, some even seated here today, are now in their 50's and 60's and a few are even in their 70's. I frequently see Barbara Kessler, David Kallick, Stephanie Wynn, Michael Weinberg, Ted Lowitz and, of course, our new president, Josh Lowitz. And speaking of Barbara Kessler, also a past president of Solel, once I meet her son Art's children. I will then have known all four generations of her family. Of special note are those early Solel students that I knew well who went on to become distinguished rabbis, Eric Bram, Dianne Elliot, Mark Glickman, Steven Kleinman, Lee Paskind, Laura Schwartz Harari, Michael Zimmerman, and especially Larry Edwards and Lisa Edwards, the children of Herman Edwards, our first president.

As for my own family at Solel, both much joy and profound sadness followed. My first wife of 19 years, Isabelle, was mourned in this sanctuary in 1967 and then Alice, after nearly 46 years of marriage, was also mourned here, in 2013. My three children, Geoff, Julian and Dena were confirmed here and then went on to Israel through the Solel Hebrew program. My stepson, Alan Lenhoff, was also confirmed here. My stepdaughter, Donna Lenhoff, was married under a chupah that was situated right behind this bimah. Most of my kids as teenagers were very active in the Solel youth group under the dedicated direction of Staunton Flanders and Ed Bederman. Three of my seven grandchildren studied here through two bat mitzvahs and one bar mitzvah, and the girls continued through confirmation.

As for me, I have been involved in the congregation all these years. I've served on the board a few times and have been on many meaningful committees. I was even Worship Chairman for a couple of years. In addition, I've had a very close relationship with all of our rabbis. And there is no way I could adequately describe the friendships I have had here all of these years... especially with the 1957 founding members. There are not many of us still here, but as the saying goes, I'd like to give a particular shout-out to Kaye and Howard Haas, Lorraine and Sid Winters, Ruth Eckhouse, and Barbara Volin.

Yet, through all of my time at Solel these many years, I can occasionally feel some discomfort when our practices get too close to my earlier rote Orthodox activities. But I've found comfort in the fact that we still are, (Continued on page 16)

Personal Expression – Julia Gorelik

Yom Kippur Eve September 22, 2015

A journey is... going away... far away, and finding in that 'other' yourself. My journey began in another country, another culture, another religion, and yet, here I am, finally at home on the path of Jewish living with you. I was born and raised in Romania, baptized into the eastern orthodox church when I was 2 months old, grew up in a communist society where no religious expression was tolerated and emigrated to the US at 18.

I was a classical musician (played harp), became a scholar of culture and art (specialized in African societies) then turned to medicine when I found out that my dearest aunt had cancer. It was at my aunt's house that my mother took my little brother and I to protect us from my father's rage. My father had been an excellent student of economics as WWII started. He was drafted as an officer and sent to the front. During an attack, all soldiers under his command were killed. He was wounded and suffered years of mental anguish. We call this post traumatic stress disorder today but back then people endured it as an expected scar of war. Families made do and my aunt's house was our haven.

I was always fascinated by knowledge, beauty and healing. Throughout high school I was accompanied to school every morning by a classmate Silviu Rosdol, a remarkable 14 year old. We talked of cabbages and kings. Structuralism, phenomenology and counterpoint were on our daily rounds. He taught me how to think and what were the important questions. My parents were furious because Silviu woke them up, then went straight to the piano and started explaining chord progressions from Mahler's symphonies or Beethoven' sonatas.

I married late. I fell in love with a wonderful Russian Jewish man who conquered my heart with his gentle manner, sense of humor, love of theater and literature and his devotion to his family. My mother-in-law, Betya, and my father-in-law, Semyon, spoke only a few English phrases but they knew how to use them to make me feel loved. They had moved to St. Petersburg from a Belorussian shtetl called Parichi. They knew Yiddish although they did not use it routinely at home. Betya's dream of becoming a veterinarian was cut off by the war. Her first born, Lillian, perished at her breast during a nightmarish evacuation across Russia to Kazakhstan in Central Asia.

Betya and Semyon emigrated to the US late in their lives, happy to join their children in a life of honesty

and freedom. They went to Truman College to learn English, joined a synagogue right away and Semyon started working for a poultry factory where Polish workers called him "rabbi". Mark's Bar Mitzvah had been a hushed, rushed ceremony performed by his grandfather, Moses Igolnikov, hiding behind window shades.

Moses was a commercial fisherman. When word came that the Nazis were approaching his town, he gathered all his neighbors in his boats and went down the river, in a panic, to safety. Only those who dropped everything and went, survived. Moses' father, Yutka Igolnikov, had been a Tzadik, a wise man , a rebbe. How do I know? Because he was remembered (no doubt by inlaws) as a man who never worked a day in his life.

From Parichi to Solel is a journey worth remembering. May their memory be a blessing!

25 years ago, on a sunny spring day, Mark and I came to Montessori to inquire about daycare for our daughter. We asked the teacher what "Solel" meant and she told us we all were in a synagogue. We were stunned. Wow! We looked at each other wide-eved ... a synagogue! We held hands and approached shyly the sanctuary.... The door was open and we could hear voices. A friendly group motioned us to come join them. A man asked, "So, what do we Jews believe? "Another, wearing a colorful varmulke said: "I cannot tell you what to believe, you will have to figure that out yourself. I can teach you what our tradition values and what I believe. But I promise you the search will be rewarding." Mark winked at me. We stayed and Solel became our spiritual home. Little by little we discovered the treasures of Judaism. The scholarship and wisdom of Rabbi Taylor, Rabbi Moffic and Cantor Glikin opened the gates of our people's history, trials, strength and creativity by sharing like today, the ancient sacred wisdom of Torah, connecting the highest principles with our hearts... through worship and experiencing the rich tapestry of Iewish life.

I couldn't imagine our lives without Solel. Coming here for religious school every Sunday, singing songs while holding our children on our laps, joining a wonderful Havurah group- our friends to this day. Filling our holidays with Jewish stories, aromas and cheer. Our children's B'nei Mitzvahs were memorable, deeply touching, and beautiful. We were honoring those from generations past who would not or could not read from the *(Continued on page 17)*



Personal Expression – Gary Robinson

Yom Kippur Morning September 23, 2015

What is a "Good Jew"? It is a question I often struggled with as a kid growing up on Chicago's North Side. We were members of a Temple that was SO reformed, I think it was closed on Jewish Holidays. If you Google it, you will learn that a "Good Jew" is one that carries out the Mission spelled out in the Torah. Hillel said that all of Torah is about caring for the other guy, and the rest is all commentary...

For me, the core answer began to come in 2008, not long after we became members of Congregation Solel. My wife, Cheri, who came from a family of Italian Catholics, a family that had been in Highland Park for over 100 years, decided she wanted to fulfill a longtime desire of hers to convert to Judaism. And given the fact that this wasn't your standard "non-Jewish girl wants to marry a Jewish guy"— we had already BEEN married for 10 years, Rabbi Doy Taylor had decided that rather than send her off to classes, he would personally teach her. I decided I wanted to finally learn what being Jewish was all about, so I tagged along. Oh, I forgot to mention that Cheri had been diagnosed with lung cancer and was recovering from a very invasive surgery and the subsequent chemotherapy. Once a week, if Cheri felt up to it, for the next many weeks, we would trudge up to his office, where he would invariably pour her a cup of tea, wrap her in a blanket, make her as comfortable as possible, and discuss the relevance of Judaism.

It was during these sessions that the light bulb went on for me. The concept of Tikkun Olam came up. What is Tikkun Olam? It literally means "world repair". It is commonly used to refer to the pursuit of social action and social justice. Rabbi Taylor taught me that to be a good Jew, my mission was not to save the world — just pick ONE person that I didn't know and endeavor to make their life better. This resonated with me very strongly.

I had been going down to Jamaica as a tourist for nearly 30 years at that time, developing some deep relationships with people down there along the way. When Cheri was sick, there were church elders down there praying for her all the time. In fact, Mr. Control Freak (that would be ME), finding himself with no ammunition to fight her terrible illness, would come here every Saturday morning, and go to the little chapel where a small, dedicated group of Solelites would be having a service, all in Hebrew (while this room was inevitably being used for a big Bar or Bat Mitzvah). I would sit there and meditate, until it was time for one specific prayer, the *Mi Sheiberach*, then I was ALL IN. This prayer was all about healing and the renewal of spirit — for BOTH of us.

So Cheri survived, in spectacular style. I wanted to thank my Jamaican people for their support, so I went to their church down there, introduced ourselves, thanked them, and told them of my desire to give back - my very own Tikkun Olam!! THIS is what truly began my Spiritual Journey. What started out as bringing down used clothes, phones, and computers in duffel bags, morphed into the construction of a state-of-theart, air conditioned computer lab (in a place that has no running water), and then into the formation of a nonprofit called Cornerstone Jamaica, which now has 9 partners worldwide (all in their thirties, I might add, I'm the "old guy") and the support of Rotary, UNICEF, and the Jamaican Government. Our current project is called, "See Better, Learn Better", and we are well on our way to improving the literacy rate down there by simply vision screening all the children and supplying eyeglasses to the nearly 50% of them who are in need.

ALL inspired by THIS PLACE- and what I learned here — how I was able to connect the dots. Oh, and one more quick anecdote. In 2009, I believe, when we were parking our car for High Holiday services, we noticed a cop shooing away a boyishly-faced young man from a parking space that was reserved for the Rabbi. We yelled at the cop, "Officer, that IS the rabbi!" Rabbi Moffic, thank you for taking care of my family last November when my 91-year old mom, who came out of Germany during the Shoah, passed away. Thank You for letting me share my story.

And, for all you young people who are here this morning, wondering what you're doing here, wondering what Judaism is all about, you are in a very sweet spot. You are in a GREAT environment here. Absorb it. Put it to work in your own lives. Let it come to you like it came to me, and you'll be a "Good Jew" not just a couple of times a year, but EVERY day... Amen.

- Gary Robinson

Josh Lowitz

(Continued from page 12)

our community to be its best. And the Rabbi, Cantor, office staff and Caring Committee are discrete. They will reach out to the congregant and find the right level of support – even if that is none at that time.

And I have one more favor to ask. Growing up in my house, the Solel Rosh Hashana reception was a big deal. In the early years that I remember, it was held at Rabbi Wolf's house in the late afternoon and it was a true open house, with hundreds of congregants streaming in and out and kids playing in the yard.

When my father was president of Solel, the reception was in the social hall in the late afternoon. In those days the president gave announcements at every Rosh Hashana service, and my dad would talk about how my mom had been baking all summer – which was true – and he would encourage us to all greet each other and welcome the New Year together at the Rosh Hashana reception.

Now our reception is between Rosh Hashana morning and family services in a tent alongside the building. The board of directors and I would love to see every one of you there tomorrow. What better way for us to start 5776, than by wishing each other well, rekindling friendships, and maybe meeting a few other congregants who made Solel their chosen congregation.

Ricki, Adele, Harry and I want to wish you a happy, healthy, and sweet new year. Shana Tova!

- Josh Lowitz president@solel.org

Bernie Berkin

(Continued from page 13)

in the main, an accepting reform congregation that constantly explores a wide variety of rich Jewish experiences.

And how can I not revel in the fact that this unique Jewish culture thrives in a people that represents a fraction of the world's seven billion, yet has produced more than 20 per cent of the world's Nobel Laureates. We must be engaging in something quite special when it fosters such important contributions to the whole world.

So all these years, I have found my interest in things _____ Jewish insatiable. Clearly, my participation at Solel



And speaking of WWII, as a Jewish veteran participating in memorial ceremonies at Auschwitz and Theresienstadt, it of course invoked a depth of feelings that were indescribable. And what is more Jewish than experiencing similar feelings while visiting the heartwrenching memorial at Hiroshima.

Now forgive me if I might become emotional, but it occurred to me as I prepared this very personal expression that the tefillin I discarded so many years ago have, in fact, been tightly bound around me all of these almost 90 years.

Finally, you can't live a long life without hearing the traditional Yiddish blessing, "Du zolst leben biz a hundred und tzvanzig" ---You should live until 120. For me it has to be 120 and one day. Because I don't want to go all of a sudden.

- Bernie Berkin



Julia Gorelik

(Continued from page 14)

Torah. I remember my daughter's panic when she realized she had forgotten her D'var torah at home, then her surprise that after a few questions and cues she remembered it well. I remember her beaming eyes at the end of the day as she came to thank us for the most beautiful day of her life. I was glad to remind her of it a year later when she told me I was the worst mother in the world because I didn't let her sleepover at a family I didn't know. My son agonized in doubt that he could read from the Torah in front of our congregation until the day it happened. He had struggled with ADD and had little faith in himself. When Rabbi Taylor let him look around for a while and he realized that everyone there loved and encouraged him, he chanted and commented with confidence and joy. It was a major accomplishment. As years of struggle with emotional darkness followed, this shiny memory helped me brighten his mood.

Other highlights of life here at Solel were seeing the word Shema written on the Torah scroll, carrying the Torah together with other women who had never had an opportunity to embrace this symbol of holiness, looking for the first time at a page of Talmud, a thousand years time capsule of thought and reverence... taking a beginners Hebrew class and understanding the meaning of prayers, seeing powerful words like Olam Va-ed, Kadosh, Elohim... seeing the names of our patriarchs and matriarchs. How wonderful the emotion of connection is!! Rabbi Taylor's translation of the first Yiddish book published in Europe, The Revealer of Secrets opened our curiosity about the Yiddish world. We found in our Solel library books of history, commentary, philosophy and poetry. I read Aviva Zornberg's At the Beginning was Desire, Ellen Frankel's The Five Books of Miriam, and Elie Wiesel's Somewhere a Master. I always found delight in our Torah study Saturday mornings. There was so much to learn, so much to understand and to wonder about. Torah was not at all what I thought. Actually reading it, paying attention, it sometimes tells more through its silence than with its words. All characters are much more alive when seen in their context rather than in my views shaped by conventional wisdom. Torah challenges conventional wisdom at every step. What's old is young, what's down is up, what's poor is rich, what's dark is light. Rabbi Moffic's knowledge of commentaries and vivid interest in current affairs turns up the heat. The class, full of friendship, wonder and humor picks up sparks, welding the fragments into a reality meaningful for us today. Tikkun Olam.

A seed was planted in my mind: we can be selfish, selfrighteous, small-minded, indifferent or violent, but our tradition holds us to a higher standard. "Go study" was the cure recommended by Rebbe Pinchas of Koretz (a story told by Elie Wiesel) to a young man disillusioned by his world to the point of feeling down and unable to go through his daily routine. Then the Rebbe motioned to him to come closer and said, "You know my friend, what happened to you also happened to me." Then, I heard that the great Baal Shem Tov was coming to a nearby town. I went there and found him. He looked at me with such clarity and depth that I could go home and go on. I am this student and his lesson is my lesson: not to give up asking questions even when no satisfactory answer can readily be found: one's sorrow and pain happens to others as well; know who you can trust for guidance; when in doubt come to your Rebbe; God is everywhere, even in pain, in doubt, in searching; a miracle happens when we tell our story. Good Yontov.

- Julia Gorelik

ARK COAT DRIVE

October 4 - November 1

With cold weather fast approaching, we are collecting new and gently used coats, hats, scarves, mittens, and gloves for Chicago area families and individuals in need.

All donations will go to the ARK.

Please leave your items in the large box in the Solel entryway.



Thank You For Your Contributions

Cantor's Discretionary Fund

Steve and Holly Cohen, in honor of Sasha Cohen's call to the bima on Rosh Hashana **Edie Shanken,** in honor of the wedding of Barbara Volin's grandson, Seth

Education Fund

Natalie Belrose, in memory of Oscar Adler Anne and Staunton Flanders, in memory of Alice Berkin

Human Needs Fund

Alan and Carol Greene, in memory of Harvey Cohen and Marshall Domash Bruce and Lauren Kaden, in memory of Jerome Klein

Music Fund

Natalie Belrose, in memory of Marshall Domash Larry and Susan Mason, in honor of the birth of Betsy and Scott Lassar's grandson, Jax

Rabbi's Discretionary Fund

Ruth Gilbert and Marshall Lobin, in memory of Carol Kohn

Stuart and Patricia Lenhoff, in honor of Rabbi Evan Moffic **Karen Ottenheimer,** in memory of Jeffrey Gross

Tribute Fund

Oscar and Norma Adler, in memory of Max Adler **Ed and Judy Bederman,** in memory of Tobias Schwartz **Marcia and Ken Denberg,** in memory of Harvey Cohen **Joan and Warren Eagle,** in memory of Oscar Adler and Marshall Domash

Gerald Frank, in honor of Congregation Solel **Dale and Jerry Ginsberg,** in honor of the wedding of Rachel Salit and Peter Battisti

Howard and Brenda Goffen, in honor of Sheila Marks' birthday

Joanne and Stuart Goodman, in honor of Sheila Marks' birthday

Nancy and Alan Goodman, in memory of Harold Hepner Howard and Kaye Haas, in memory of Albert Haas Marc and Cathy Horowitz, in memory of Babette and Richard Hirsch

Marcia Kernes, in memory of Shimmy Cohen Dennis and Barbara Kessler, in memory of Tobias Schwartz

Sheila and Jack Marks, in memory of Pearl Yaffee Marilyn and Gary Meyers, in memory of Peter Gerber Linda Muskin and John Cody, in memory of Tobias Schwartz

Edith Reese and Philip Goldberger, in memory of Marvin Goldberger and Terez Reese

Rochelle Rochell, in honor of Sheila Marks' birthday Jason Rubenstein and Amy Francetic, in memory of Herbert Kallmann

Donald Schaumberger, in memory of Richard Schaum

Tribute Fund (continued)

Donald and Alice Schindel, in memory of Ann Schindel **Julie and Robert Schlossberg**, in honor of Sheila Marks' birthday

Howard and Margot Walton, in memory of Ludwig Walton

Jerry and Jan Wolf, in honor of this year's High Holy Days ushers and Michelle Raz for her assistance Elliot and Pamela Young, in memory of Harvey Young As of September 30, 2015

Condolences to...

Norma Adler, on the passing of her husband, Oscar Adler **Ellen Cohen,** on the passing of her husband, Harvey Cohen

Amy Domash and Sara Friedman, on the passing of their father, Marshall Domash

Andrew Eichner, on the passing of his father, Richard Eichner

Stock Transfers to Congregation Solel

In order to make stock transfers from your accounts to Congregation Solel, the congregation works with Mesirow Financial, Inc.

Please Note: This is a NEW location for gifting stocks to Congregation Solel: Mesirow Financial, Inc. DTC# 0226

F/B/O NFS Account#WMP-002738 Congregation Solel

As always, your contributions to Congregation Solel are tax deductible to the extent allowed by law.

If there are any questions, please call Allan Litwack, Executive Director, at (847) 433-3555, ext 225.

Thank you for your continued support.



October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Kindle Shabbat Candles at dinner or at the following times (CDT): 2	Kindle Shabbat Candles ner or at the following times (CDT): 2			1 8:00 pm Cigar Smoking in the Sukkah	2 7:30 pm Shabbat Service	3 9:15 am Torah Study 10:30 am Jordan Jacobson Bar Mitzvah 10:35 am Morning Minyan
 4 9:00 am Executive & Board Meeting 10:30 am Future of Healthcare Symposium 9:45 am Religious School 9:45 am Pre-K Session 12:00 pm Sukkah Decorating & Potluck Lunch 	5 Shemini Atzeret 9:30 am Joyce Schrager Current Events 11:00 am Joyce Schrager Current Events	6 Simchat Torah Office Closed 4:15 pm Religious School 6:15 pm Film Night 7:00 pm Jewish War Veterans Executive Meeting	7 12:00 pm Downtown Lunch & Learn 7:30 pm Religious School Committee Meeting	œ	9 6:30 pm Simchat Torah & Consecration Service	10 9:15 am Torah Study 10:30 am Josh Hollander Bar Mitzvah 10:35 am Morning Minyan
11 No Religious School	12 9:30 am Joyce Schrager Current Events 11:00 am Joyce Schrager Current Events	13 No Religious School 12:00 pm Lunch & Learn at Solel 7:00 pm Women's Rosh Chodesh Celebration	14 10:00 am Joyce Schrager Short Stories	15	16 7: 30 pm Shabbat Service	17 9:15 am Torah Study 10:30 am Ethan Fineman Bar Mitzvah 10:35 am Morning Minyan
 18 9:00 am Youth Choir Rehearsal 9:45 am Jewish Parenting 9:45 am Religious School 12:15 pm 8-12th Grade 4:00 pm Moshe Wilensky 	 19 9:30 am Joyce Schrager Current Events 11:00 am Joyce Schrager Current Events 7:30 pm Women's Seder Planning Meeting 	20 4:15 pm Religious School 7:00 pm Jewish War Veterans Meeting Guest Speaker: Ken Green	21 7:00 pm Guest Speaker Michael Marmur	22	23 7:30 pm Torah Service	24 9:15 am Torah Study 10:30 am Robert Hochstadt Bar Mitzvah 10:35 am Morning Minyan
25 8:00 am Blood Drive 9:00 am Youth Choir Rehearsal 9:45 am Religious School 9:45 am Pre-K Session 10:30 am Gun Safety Program at Lakeside 12:15 pm 8-12 th Grade	26 9:30 am Joyce Schrager Current Events 11:00 am Joyce Schrager Current Events	27 12:00 pm Lunch & Learn at Solel 4:15 pm Religious School	28 10:00 am Joyce Schrager Short Stories	29	30 5:30 pm Pizza Dinner 6:15 pm Halloween Shabbat Shalom	31 9:15 am Torah Study 10:30 am Halloween Pray 'n Play 10:35 am Morning Minyan

Shabbat Services Schedule

Friday, October 2

Shabbat Service7:30) pm
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Saturday, October 3 — Exod. 33:12-34:26

Torah Study	9:15 am
Jordan Jacobson Bar Mitzvah	10:30 am
Morning Minyan	10:35 am

Friday, October 9

Simchat Torah & Consecration Service......6:30 pm

Saturday, October 10 — B'reishit, Gen. 1:1-6:8

Torah Study	9:15 am
Josh Hollander Bar Mitzvah	10:30 am
Morning Minyan	10:35 am

Friday, October 16

Shabbat Service	.7:30	pm
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Saturday, October 17 — Noach, Gen. 6:9-11:32

Torah Study	9:15 am
Ethan Fineman Bar Mitzvah	10:30 am
Morning Minyan	10:35 am

Friday, October 23

Torah Service7:30) pm
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Saturday, October 24 — Lech L'cha, Gen. 12:1-17:27

Torah Study	9:15 am
Robert Hoschstadt Bar Mitzvah	10:30 am
Morning Minyan	10:35 am

Friday, October 30

Pizza Dinner	5:30 pm
Halloween Shabbat Shalom	6:15 pm

Saturday, October 31 — Vayeira, Gen. 18	:1-22:24
Torah Study	9:15 am
Halloween Pray 'n Play	10:30 am
Morning Minyan	10:35 am

Want to inquire more deeply into a passage after the Shabbat service? Find the weekly parashot and commentaries at these links:

> Weekly D'var: <u>http://urj.org/learning/torah/</u> or http://www.reformjudaism.org/

Parashot Summaries: <u>http://urj.org/learning/torah/summaries/</u>



Many Paths. One Community

We are a spiritual home that engages our members and community in *prayer, learning,* and the *pursuit of social justice*. We prize *inclusiveness, innovation,* and *involvement* in our programs, life cycle events, and leadership. Everyone who walks into our building should feel *inspired, uplifted,* and *connected*.

