



PATHFINDER

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Is Donald Trump Good for the Jews?

I admit: the headline is meant to get your attention. The answer is self-evident.

No.

Donald Trump's popularity and candidacy have generated hate and division. He preys on the fear and frustration many Americans feel. And regardless of our political views—our congregation ranges from liberal to conservative—we ought to stop and think—stop and think about how we got ourselves here and what we can do to restore **decency** to American politics.

Yes, decency: it matters. In a piece called "Decency for President," Max Lucado writes, "As the father of three daughters, I reserved the right to interview their dates. Seemed only fair to me... For the next few hours, she would be dependent upon his ability to drive a car, avoid the bad crowds, and stay sober. I wanted to know if he could do it. I wanted to know if he was decent."

"The leading candidate to be the next leader of the free world would not pass my decency interview. I'd send him away. I'd tell my daughter to stay home. I wouldn't entrust her to his care."

"I don't know Mr. Trump. But I've been chagrined at his antics. He ridiculed a war hero. He made mockery of a reporter's menstrual cycle. He made fun of a disabled reporter. He referred to the former first lady, Barbara Bush as "mommy," and belittled Jeb Bush for bringing her on the campaign trail. He routinely calls people 'stupid,' 'loser,' and 'dummy.' These were not off-line, backstage, overheard, not-to-be-repeated comments. They were publicly and intentionally tweet-ed, recorded, and presented."

"Such insensitivities wouldn't even be acceptable even for a middle school student body election."

(Continued on page 11)



Cantor Vicky Glikin — Why is This Night Different from All the Other Nights?

“I really don’t think that the Women’s Seder is relevant to my experience. Our family seders have always been really great. I’ve never felt left out in any way during my family celebrations.” These words were the beginning of a conversation that I recently had with a Solel woman after I asked her if she was planning to attend this year’s Women’s Seder on April 10. As I considered this comment, I reflected on the fact that I, too, have never felt left out at my family celebrations. So, why do I find the Women’s Seder to be so incredibly powerful and moving? As I was thinking about this question, I realized that it comes down to at least three factors: experiencing the Exodus narrative through a feminine lens, considering modern-day issues that affect women in our time, and having the opportunity to do all of this in a group of amazing women.

Considering Modern-Day Issues That Affect Women

Three years ago the Women’s Seder served as the launching pad for the introduction of the “Women Should Be Seen and Heard” campaign at Solel. Attendees learned about the struggle for gender equality in public spaces in Israel and contributed our own voices to this important issue by taking pictures in support of gender equality and signing petitions to Israeli officials. The following year, we learned about sex trafficking and heard stories of victims, survivors, and heroes. Not only did we learn about the issue, but we also signed petitions that were mailed to Mayors and Chiefs of Police in surrounding towns, encouraging them to address the issue from the demand side. At last year’s Women’s seder, we learned about the Domestic Workers Bill of Rights and signed petitions in support of this important bill, which over the course of the past year passed in the House of Representatives and is currently under consideration in the Senate.

At this year’s seder, we will consider the plight of the refugees. The current refugee crisis is the worst since World War II, with an estimated 60 million people worldwide forcibly displaced and roughly 20 million of them refugees. According to the United Nations High Commissioner for Refugees, over a million refugees arrived in Europe in 2015, 17% of them women and 25% children. Every year at the Passover seder, we are required to envision ourselves as if we have personally come out of Egypt, as if each one of us is a refugee. At this year’s seder, we will learn more about the crisis, hear stories of refugees, and consider what we can do to help.

Seeing the Exodus Narrative through a Feminine Lens

“Who are the heroes of the Exodus story?” If we were to

ask our Religious School students this question, there is little doubt in my mind that they would think of God, Moses, and, possibly, Nachshon (you know, the guy who stepped into the sea, thereby causing it to split open.) Some might mention Miriam. But, I truly doubt that many of our students, or even adults, would think of Yocheved, Batya, Shifra, or Puah. Yet, each of these four women was instrumental in bringing about the Exodus and the redemption of the Jewish people from slavery. Each of these women risked her life to ensure the future of the people Israel.

At the Women’s Seder, the story of the Exodus, our formative communal narrative, is told in a different way, a way that highlights the heroic women of our Biblical narrative, alongside the heroic men and God. Additionally, the language of the *hagaddah* (the “telling” read during the Passover seder) draws on our tradition’s rich treasure-chest of ways to understand and refer to the Divine. Written and rewritten every year for the women of Solel by the women of Solel, the *hagaddah* we read at the Women’s Seder experiments with alternative names for God, such as “Source of Life,” “Fountain of Blessings,” or “Shechinah.” How might your experience of the Exodus story be different with the inclusion of female heroes and non-traditional names for the Divine? Might such exploration invite new understandings and ways to connect to our formative narrative?

Getting to Know the Women of Solel

Our congregation is blessed with truly incredible women: women who are passionate, who care about the people around them and making the world a better place, and who love to have fun! The Seder is accompanied by beautiful music, great company, delicious food, and stimulating conversation. Whether you come by yourself, with a friend, or with a family member, you are certain to leave with new friends. If you come with your daughter(s), you will have the opportunity to discuss issues of importance with her, which you may not otherwise have the opportunity to explore. You will sing, you will laugh, you might even cry. Most importantly, you will have an experience that will not be quickly forgotten and which will bring you back to the Women’s Seder year, after year, after year.

I look forward to seeing you at this year’s Women’s Seder. It will be an evening to remember!

- Cantor Vicky Glikin

A Women's Seder to celebrate

*Join us for dinner,
with song, wine,
friendship and freedom.*



Date: Sunday April 10th
Time: 4:00 pm
Cost: \$36/person, or \$360 to reserve a table of 10
RSVP: By April 1st
Bring: A Passover-friendly side dish or a dessert to serve 8-10 people (should be nut-free)
Submit: Recipe for your side dish to SolelSeder@gmail.com with "Women's Seder Recipe" in the subject line by April 1st



© Shadur

- CELEBRATE TOGETHER AS WOMEN
- TELL AND HEAR OUR STORY OF FREEDOM IN A DIFFERENT WAY
- LEARN ABOUT THE WOMEN WHO MADE THE EXODUS HAPPEN AND WHO CONTINUE TO DO SO EVERY DAY
- SING WITH CANTOR GLIKIN AND YOUR FELLOW CONGREGANTS



Mothers, grandmothers, sisters, aunts and friends are welcome. Daughters in 5th grade or older are welcome to attend. Please register at www.solel.org, or return this form to the Solel office. Tables will be assigned. **If you would like to be seated with someone else, please register your ENTIRE party on this form.**

Name	Email address and/or phone number	Chicken	Vegetarian
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Number attending _____ x\$36 per person (10 people per table)

My side dish I will bring: _____ (optional)

Added donation to help offset cost \$ _____

Total amount \$ _____

Credit card (Visa, MC, Discover) _____ Exp.: ___/___ Security Code _____

PLEASE BRING A NON-PERISHABLE FOOD ITEM TO DONATE TO THE DEERFIELD AND MORAINÉ TOWNSHIP FOOD PANTRIES.

Congregation Solel | 1301 Clavey Road | Highland Park, IL 60035 www.solel.org (847) 433-3555 (Phone) | (847) 433-3573 (Fax)

From Our President— Committees, Commitment, Community, Working Groups

The Board of Directors and Executive Committee have been focused on how to make Solel as great as it can be. Our community is highly skilled at meeting our congregants where they are and providing a welcoming sacred space for learning, praying, and sharing life cycle events. We are not as skilled at inviting fellow congregants to help with the work of building our sacred community.

After months of coming together as a board and developing a vision for all that we know Solel can do, we concluded that we need to establish, re-establish, and re-invigorate some congregant committees.

The conventional wisdom in the volunteer world is that committees are out and task forces are in. (Rest assured we have some of those, too – notably the recently formed Sound System and Solar Energy Task Forces.) They say that busy adults are reluctant to take on the ongoing responsibility of serving on a committee.

Generally I am a fan of conventional wisdom. It is often right. And this conventional wisdom is right in many cases. We, however, need to transcend it and take on the challenge of inviting congregants to join together and assume the ongoing responsibility of deciding, guiding, planning, and executing Solel's future.

The benefits to the congregation and to the participating congregants are huge. We all know how special our Solel community is and by working together we make that community more personal and more familiar.

One of the many joys of serving as Solel's president and the years leading up to it, has been getting to know more congregants and making wonderful new friends within the congregation. Since I was a little boy, I have always felt at home at Solel. As an adult, it took committing to committee work and collaborating with more of our incredibly smart, dedicated, and down-to-earth congregants to really make new friends. And now I look forward to seeing those friends at Religious School pick-up, services, classes, and yes, committee meetings.

The work we have is interesting and worthwhile, and the people are fantastic. The variety of work is great, so congregants interested in art, education, finance, food, governance, marketing, singing, social justice,

technology, ushering, and lots more, can all find a group to work with.

So let's join together to forge the future of Solel. Together we can organize great events, work to repair the world, support our fellow congregants, guide a top-flight religious school, and get to know each other better in the process.

One last thing, if "committee" is really a problem word, we may decide to call them "working groups", but rest assured, the personal satisfaction will be just as great!

- Josh Lowitz
president@solel.org

Cantor Search Committee Update

A lot has happened in the past several weeks. We convened our Cantor Search committee, prepared an outstanding Placement Application for the American Conference of Cantors, and happily received some wonderful applications from excellent candidates.

The committee has had phone interviews with a range of potential Cantors, listened to their recordings, and invited two of them to visit Solel. As this Pathfinder goes to "press", the committee is meeting to discuss the merits of those candidates and hopes to engage one of them as our next Cantor.

We will keep you posted...

Wendy Bloom
Julie Bringas
Darryl Ebner
Holly Krakow
Scott Lassar
Larry Mason, co-chair
Beth Sanchez, co-chair
Rick Segall
Jerry Wolf

Artist of the Month: Solelite Susan Mason

Please join us for a special reception with Susan Mason on Friday, March 18 at 6:30 pm in the Lounge.

Susan Mason is the featured artist for March and April. Susan is a longtime member of Congregation Solel and is co-chair of the Fine Arts Committee with Anne Kleinerman. Susan's artistic journey has led her down a variety of paths. In addition to painting, Susan is a graphic designer, calligrapher, scenic artist, public artist, illustrator and art teacher. A large portion of her work is commissioned art. She enjoys turning special memories into works of art both for her clients and herself.

Susan has been creating art all her life, but this is her first solo exhibit. Her last show was a multi-generational exhibit with her father, David Marks, and daughter, Zoe.

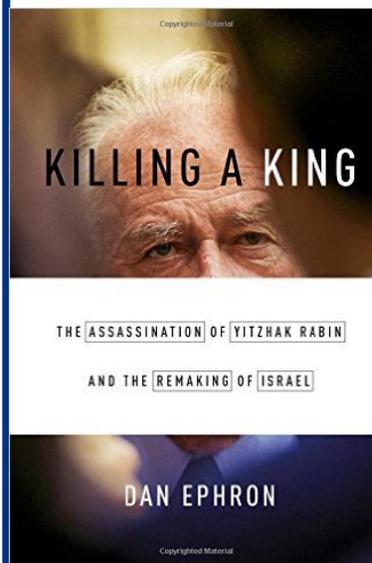
For Susan, painting has everything to do with love: love of family, love of the outdoors, love of theater. The focus of her paintings has always been the things she finds most beautiful: her family and nature. Many of her paintings have been inspired by gardens, especially the Chicago Botanic Garden. Susan works primarily in acrylic paint. She layers color upon color to get the effect she wants. She also enjoys plein air painting with watercolor and watercolor pencil and can often be found painting outside on a warm day.

Feel free to visit www.susanmasonart.com for more about Susan and examples of her work.



ONE BOOK/ONE SOLEL A congregation-wide reading event

Our selection for this Spring is
**Dan Ephron's *Killing A King*
The Assassination of Yitzhak Rabin
and the Remaking of Israel**



The assassination of Israeli Prime Minister Yitzhak Rabin remains the single most consequential event in Israel's recent history and one that fundamentally altered the trajectory for both Israel and the Palestinians.

Killing A King, by Daniel Ephron relates the parallel stories of Rabin and his stalker, Yigal Amir, over the two years leading up to the assassination, as one of them planned political deals he hoped would lead to peace, and the other plotted murder. It ultimately asks the question: what would the Middle East and Israeli/Palestinian relations be today if Rabin had lived?

We invite you and your friends to a stimulating and informative book discussion to be led by noted facilitator, Elise Barack, on Sunday, April 17, at 1:00 pm. Coffee and nosh at 12:30 pm.

STAR WARS



THE ESTHER STRIKES BACK!

PURIM CARNIVAL AT CONGREGATION SOLEL

Sunday, March 20, 2016

9:45 am—10:45 am Megillah Reading & Shpiel

10:45 am—12:15 pm Purim Carnival

Come in Costume! Bring money to buy yummy food! Please bring a box of rice, mac 'n' cheese, or noodles to shake at Haman and donate to the food pantry.

Contact the Religious School office with questions at
Religious_School@solel.org or (847) 433-3417.



Congregation Solel • 1301 Clavey Rd. • Highland Park, IL 60035
(847) 433-3555 • solelooffice@solel.org • www.solel.org



From Our Director of Congregational Learning

Our value of the month for March is enthusiasm (*zerizut*), as we enthusiastically get ready for our Purim festivities on March 20th. We hope to see you there!

When my son was born, an Orthodox friend bought us a children's book on Jewish values. I remember the page on *zerizut* said, "to do a *mitzvah*, run!" Similarly, in the book of Psalms, King David says, "I was quick. I did not delay in keeping your commandments." While as Reform Jews we do not see *mitzvot* as obligations, we do have a keen sense of living our lives according to Jewish values. Especially in a community like Solel, we are driven by our commitment to social justice, in the spirit of *tikkun olam* (healing the world).

How many times does the opportunity for a good deed present itself, only to be gently pushed aside as we focus on the daily tasks we need to complete? How many times do we see someone in need, only to look aside because offering help is an inconvenience to our time? How many times do we want to move speedily to accomplish our goals, to follow our heart-felt intentions, only to be delayed by fear, fatigue, or distraction? Of course, like all of the *middot* (character traits) in *mus-*

sar work, *zerizut* must be practiced in moderation, according to what is needed in your life at this time. There are times when we really cannot act immediately, because the situation necessitates thoughtful planning, or because our own self-care requires a slower pace. The key is to pay attention – where in our life can enthusiasm be called upon to move us forward, closer to the life we want to live? As our sage Hillel reminds us, "If not now, when?" (*Pirkei Avot* 1:14). When the opportunity for wise action presents itself, we owe it to ourselves and our world to act as needed.

In the spirit of a very minor practical call-to-action, the Religious School is seeking *hamantashen* (nut-free!) bakers to supplement our supply for the Purim carnival. If you are interested in baking, or volunteering at the carnival, please contact Michael at Religious.School@solel.org or 847-433-3555. Please see below for one possible recipe. We are grateful for any assistance the children receive from our larger community! May we all have a month guided by the good energy *zerizut* can bring to our lives.

- Ashley Plotnick

Looking for a quick and easy recipe? Try this one:

Ingredients:

2 2/3 cups flour
2/3 cup sugar
1 1/2 tsp. baking powder
1 egg
1/4 tsp. salt
1 egg white
3/4 cup cold unsalted butter, cut into small chunks
1 tsp. vanilla



Combine the flour, baking powder and salt in a mixer or food processor. Add the butter and pulse to break up butter. In a small bowl, mix together the sugar, egg, egg white and vanilla. Add this to the mixer and continue to mix until dough comes together. Form dough into 25 - 30 balls. Place balls in plastic bag and refrigerate for at least 30 minutes (or overnight).

To bake: Flatten balls then fill with a small amount of jam or jelly. Pinch the sides to create a triangle. Bake at 350 degrees on an ungreased cookie sheet for 12—14 minutes.

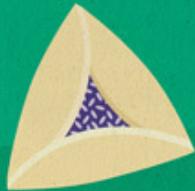
*** All hamantashen must be nut-free.**



Celebrate Purim!

Celebrate the Jewish holiday Purim
at the Kohl Children's Museum
with games, crafts, and treats.

All families are welcome!



Thursday, March 17th
1 -3 p.m.

2100 Patriot Boulevard, Glenview

Drop in any time!

For more information, please contact Alyssa Latala
at 224.323.3472 or alyssa@bigtentjudaism.org.

Celebrate Purim is free but regular museum admission rates apply.



Choir Shabbat

Friday, March 18
7:30 pm

Join us as Solel's Adult Choir leads us in harmonious prayer. From time-honored classics to contemporary gems, this service is certain to **elevate and inspire**.

Do you enjoy singing? Then, join the choir! The ability to read music is beneficial, but not required. Just bring your enthusiasm and a smile. For more information, please contact Cantor Vicky Glikin at cantorglikin@gmail.com



Sharing
the
Magic of Music

Future Dates:

April 15

May 13

Pray 'n Play

This isn't your ordinary
Tot Shabbat!

Saturday, March 19
10:30 am

Join other families with children up to age 5 for a fun, interactive "Gymboree-style" Shabbat program, featuring music, maracas, puppets & parachutes.

Followed by a complimentary bagel brunch and playtime. Older siblings are welcome to attend!

Led by Cantor Vicky Glikin

Future Dates: April 30

SHABBAT SHALOM

A SERVICE FOR THE WHOLE FAMILY

**Shabbat. Friendship.
Community. Family. Song.**

March 25

5:30 PM Pizza Dinner

6:15 PM Shabbat Service

Please join us at this service to celebrate your birthday or anniversary & receive a special blessing.

To help celebrate, we encourage you to bring canned or boxed food for a food pantry.

Future Dates: April 29. May 27, June 24

Solel and Lakeside Perform Together at Gidwitz Place

The joyful sound of music rang out from the community room at the Gidwitz Place for Assisted Living on Sunday, February 7, when Cantor Vicky Glikin and the choirs of Solel and Lakeside Congregation presented a concert for Gidwitz residents. Conducted by Warren Fremling and accompanied by Phil Orem, the choral selections featured Shabbat music as well as evocative solos—mostly in Hebrew and Yiddish—performed by Cantor Glikin and Warren. Phil composed several of the selections.

Singing at Gidwitz has become a tradition that choir members look forward to. Feeling how the music resonates—watching the residents smile in recognition of familiar melodies and hearing them sing along to the music they know—is a joyful, heartwarming experience. Joining forces with Lakeside's choir made this year's concert even more special. While the choirs have participated in joint services in prior years, this was the first time we've done Gidwitz together. It enriched the experience both musically (we sounded a lot better!) but also communally. Making music together—cantor, choirs, conductor, pianist/composer, audience—is pure joy.



WE WANT TO HEAR from YOU

Listening Campaign

As part of our Listening Campaign, the Religious School and the Religious School Committee is hosting a focus group-style meeting.

The session is scheduled for:

**Sunday, March 6 at
10:00 am - 11:30 am**

**Please RSVP to
Religious_School@solel.org**

Rabbi Moffic

(Continued from page 1)

Ouch. And he left a lot out. What about ethics in business? What about morality in relationships?

If I were Max Lucado, I would have entitled the article “*Kavod* for Presidency.” See, the Hebrew word for decency is *kavod*. It also means “respect,” “honor,” and “integrity.”

We expect *kavod* from and for all people. All the more so do we expect—nay, require—it from our leaders. And since it is missing from so many this year, we need to restore it.

So I have an endorsement to make. I endorse **decency**—and urge all of us to vote for it this year.

- Rabbi Evan Moffic

Join Rabbi Moffic for this special class as he reflects on events of both Jewish and broader public interest.

Lunch & Learn at Solel
on Tuesday,
March 8 at 12:00 pm

There will be no Downtown
Lunch & Learn in
March.



Hava Nashira

April 8 at 7:30 pm

**An engaging & spirited service
featuring fresh & familiar melodies.**

**Join us for an evening of song &
inspiration, accompanied by Solel's
own instrumentalists & singers.**

Future Dates:

June 3



**"The Rise of the Nones":
Spiritual but Not Religious**

March 8, 2016

5:30 pm - 9:00 pm

Speakers:

Rabbi Evan Moffic
Congregation Solel
Highland Park, IL

**Rev. Edward Foley, O.F.M. Cap.,
Ph.D.**

Duns Scotus Professor of Spirituality and
Professor of Liturgy and Music
Catholic Theological Union
Chicago, IL

Hind Makki

Independent Author and Speaker
Chicago, IL

"IN GOOD FAITH: Jews, Christians, and Muslims Sharing Perspectives on Issues that Matter to Our Faith Communities and to Our World" is an initiative of the Bernardin Center at Catholic Theological Union in partnership with First Analysis Institute of Integrative Studies.



**JCUA Shabbat
at Congregation Solel**

**Friday, March 18
7:30 pm**



Guest Speakers:

Avra Shapiro and Daniel Kaplan

Daniel Kaplan grew up at Congregation Solel and is the son of Phil Kaplan and Marcia Bogolub.

What does it mean to organize Jewishly? What does committing to racial justice look like in practice? Over the course of this past year, members of the Jewish Council on Urban Affairs gained crucial insight on these questions by organizing for a trauma center within a black youth led coalition. Join Solel and JCUA for a presentation about the trauma center campaign, and what we as a Jewish community can learn about organizing, solidarity and allyship.

Background: Since 2010, Black South Side youth and their allies have organized for the University of Chicago to open a trauma center. None of Chicago's trauma centers are on the South Side, leaving South Side residents vulnerable to gun violence mortality. After years of resistance to community calls for a trauma center, the University of Chicago announced a plan to build a trauma center on its Hyde Park Campus last December. This announcement marks a significant win for Chicago's South Side, and particularly for the organizations within the Trauma Care Coalition. JCUA organized the broader Jewish community over the past year, bringing more than 200 people and 15 Jewish Clergy to a community meeting for trauma care last November.

There's a Tapestry of Tales in the Windy City Song Book!

FOUR STUNNING CANTORIAL VOICES AND THE
KOL ZIMRA CHOIR SING THE HIDDEN
TALES OF JEWISH CHICAGO

Join Cantor Simon and his colleagues for
an afternoon of breathtaking Yiddish,
Cantorial, Choral, and Broadway song
inspired by Chicago's Jewish composers
and history.

A Concert Fundraiser

Sunday, March 6th at 4:00 p.m.

Temple Chai 1670 RFD Long Grove, IL

Tickets \$20.00 or \$25.00 at the door

Available at the Temple office or Brownpaperticket.com



Susie L. Friedman



Pavel Roytman



Vicky Glikin



Scott Simon

Mazel Tov to Lucy Rubinstein on Her Bat Mitzvah!



Lucy Rubinstein, daughter of Amy Francetic and Jason Rubinstein, will become a Bat Mitzvah on March 5, 2016. She is a 7th grader at Deer Path Middle School in Lake Forest. Lucy's favorite hobbies are swimming, playing volleyball, piano, clarinet and hanging out with friends. Lucy's Torah portion is *Vayak'heil*, from the Book of Exodus. The most important thing Lucy learned from her Torah portion is that you should give to a greater cause, and about the importance of community. The most important thing Lucy learned from her experience of becoming a Bat Mitzvah is that it is good to have different views of the world. Her charity project was feeding the hungry and she worked at the Northern Illinois Food Bank and conducted a food drive. She was surprised to learn how many people in Northern Illinois need food donations. The greatest challenge she faced in preparing for her ceremony was practicing Hebrew everyday, with her busy schedule.

Mazel Tov to Jacob Karman on His Bar Mitzvah!



Jacob Karman, son of Joel and Melissa Karman, will become a Bar Mitzvah on March 12, 2016. He is a 7th grader at Northwood Junior High. Jacob's favorite hobbies are legos, sports and video games. Jacob's Torah portion is *Pikudei*, from the Book of Exodus. The most important thing Jacob learned from his Torah portion is the importance of the tabernacle and its place of holiness. The most important thing Jacob learned from his experience becoming a Bar Mitzvah is the importance of helping others. The greatest challenge he faced in preparing for his ceremony was learning the Torah and Haftorah.

CJE's Virtual Senior Center



CJE SeniorLife is offering the Virtual Senior Center (VSC), an exciting new program, which brings interactive web-based classes to older adults in the comfort of their homes. Through the VSC's 'real-time' programming, participants can join classes and can see, hear and communicate with others, actively participating in discussions and activities.

Participants can join any of the three VSC sites' classes in New York, Baltimore and Chicago, interacting with instructors and class members from around the country. Over 35 classes are offered weekly, facilitated by instructors from a variety of backgrounds and interest areas on topics designed specifically with program participants in mind. Easy to use navigation for Skype and the entire world of the Internet enable participants to communicate with far-away friends and family, to participate in interactive activities with new friends, and to access the web.

If you or someone you know is interested in subscribing to the Virtual Senior Center please contact Barbara Milsk at (773) 508-1168 or virtualseniorcenter@cje.net

Together for good



**Aitz Hayim Center for Jewish Living, Har Shalom,
Lakeside Congregation for Reform Judaism, North
Shore Congregation Israel and Congregation Solel**

cordially invite you to attend our
Collaborative JUF Dessert Reception
on behalf of the
2016 Jewish United Fund Annual Campaign

Monday, April 18, 2016
7:00 pm

at North Shore Congregation Israel, 1185 Sheridan Rd, Glencoe
This event is free of charge.

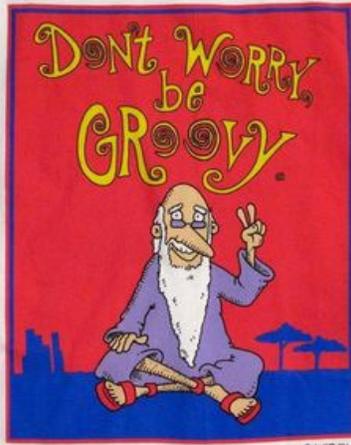


Featuring Guest Speaker

David Gregory

Author of *How's Your Faith: An Unlikely
Spiritual Journey*

For more information or to RSVP, please contact Sandi Kaplan, 312-444-2841 or email SandiKaplan@juf.org.



Wise Aging Workshop

The first group will meet on Wednesdays at 2:00 pm, and we will be in contact with the start date. If you are interested in participating, contact Ashley Plotnick at soleleducator@gmail.com

Join us for Wise Aging, a psycho-spiritual program for people in their 50s+. In this unique program designed by the Institute for Jewish Spirituality (IJS), you will be enriched and inspired to change yourself and your approach to aging within a Jewish context through mindfulness practices and Jewish text study. In the process, you will acquire the knowledge to turn aging into saging. These groups are also for those dealing with the aging process of a parent or a loved one.

Four Solel members have been trained by the IJS to facilitate Wise Aging groups within the congregation: Ellen Diamond Waldman, Jotty Friedland, Julia Gorelik, and Toddy Richman.



Presents: Denial

at Lakeside Congregation

1221 Lake Cook Rd, Highland Park, IL

Saturday, April 2 at 7:00 pm

(Followed by discussion and coffee & dessert.)

Denial is a tension-filled story of a Holocaust denier defended by a Jewish civil rights attorney that pits freedom of speech issues against the sin of hateful speech.

The play will be performed by professional actors and will be followed by an interactive discussion with the audience about the salient Jewish themes that it presents.

Tickets:

Solel & Lakeside Members: \$18

Non-members: \$25

To purchase tickets, call Devorah Richards at (847) 780-7230 or online at www.ContinuumTheater.org

In partnership with Congregation Solel and Lakeside Congregation

Some Green Thoughts for March

The Solel Green Team has not been dormant due to lack of projects or goals: nor is there a question of the intertwining of Jewish teaching and caring for the Earth. We just need some interested congregants to get together and do some planning. We have various support groups in the Jewish and larger faith community, and it would be great to plug in with what they are working on or find information and encouragement for what seems appropriate for Congregation Solel.

Please email or call Andy Amend, andyamend@me.com, (847) 433-0159.

Looking for a mitzvah to do?

Families in **OUR** community need **YOUR** help to have enough food to eat.



It's so easy, just bring your donations to Solel & our members deliver them to the West Deerfield Township Food Pantry and Moraine Township Food Pantry.

Items Needed:

Canned tuna/other proteins
Jellies, jams, & peanut butter

Canned fruit/veggies

Canned beans

Crackers/cereal

Pasta sauce

Rice/pasta

Olive/canola oil

Coffee

Toiletries

Toilet paper, paper towels, & tissues

Thank You For Your Contributions

Cantor's Discretionary Fund

Marc and Cathy Horowitz, in memory of Reuben Horowitz

Education Fund

Marcia Kernes, in loving memory of Alan Rubin

Human Needs Fund

Lynn and Gary Salit, in memory of Ethel Salit and Alvin Schechter

Rabbi's Discretionary Fund

Anastasia and Joshua Wood, in honor of Rabbi Moffic

Rabbi Taylor Legacy Fund

Harold and Linda Chizewer

Tribute Fund

Norma Adler, in memory of Edith Kolisch

Richard and Andrea Amend, in memory of Deborah Naidetch

Dolores Borowitz, in memory of Anne Borowitz and Seymour Tabin

Natalie Caplin, in memory of Ira Weinstein

Lucille Caravette, in memory of David Eichengreen

Gerald Corcoran, in memory of David Eichengreen

Michael and Darryl Ebner, in memory of Tamar Bronstein

Karen and Eugene Finerman, in honor of Sasha Cohen for her outstanding performance in the Mary Poppins play

Arnold and Judith Fox, in memory of Edward Fox

Bruce and Lauren Kaden, in memory of Ruth Klein

Louis Kahnweiler, in memory of Laura Kahnweiler

Sheila and Jack Marks, in memory of Harry Yaffe

David and Mary Jo Matousek, in memory of David Eichengreen

Marilyn and Gary Meyers, in memory of Marcia Libby Gerber

Evelyn Padorr, in memory of Marshall Padorr

Toddy Richman, in memory of Mollye Kaplan

Donald and Alice Schindel, in memory of Harry Schindel

Dana Sloane

Doris Sternberg, in memory of Paul Sternberg

Barbara Volin, in memory of Ruth Karzen and Nathan Karzen

Lori and Brett Wisnauski, in memory of David Eichengreen

As of February 25, 2016

Condolences to...

Amy (Steve) Andrews and Roy (Cindy) Eichengreen, on the passing of their father and founding member, David Eichengreen.

Stock Transfers to Congregation Solel

In order to make stock transfers from your accounts to Congregation Solel, the congregation works with Mesirow Financial, Inc.

Please Note:

Mesirow Financial, Inc.

DTC# 0226

F/B/O NFS Account# WMP-002738

Congregation Solel

As always, your contributions to Congregation Solel are tax deductible to the extent allowed by law.

If there are any questions, please call Allan Litwack, Executive Director, at (847) 433-3555, ext 225.

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11:00 am Hebrew Class 4:15 pm Religious School 7:00 pm Jewish War Veterans Executive Meeting	2 No Downtown Lunch & Learn	3 7:30 pm Religious School Committee Meeting	4 6:30 pm 6 th Grade Shabbat Dinner 7:30 pm Shabbat Evening Service with 6 th Grade Participation	5 9:15 am Torah Study 10:30 am Lucy Rubenstein Bat Mitzvah 10:35 am Morning Minyan
6 9:00 am Youth Choir Rehearsal 9:45 am Religious School 10:00 am Religious School Focus Group 12:15 pm 8-12 th Grade	7 7:30 pm Choir Rehearsal	8 11:00 am Hebrew Class 12:00 pm Lunch & Learn at Solel 4:15 pm Religious School	9	10	11 6:30 pm 4 th Grade Shabbat Dinner 7:30 pm Shabbat Evening Service with 4 th Grade Participation	12 9:15 am Torah Study 10:30 am Jacob Karman Bar Mitzvah 10:35 am Morning Minyan
13 9:00 am Executive & Board Meeting 9:45 am Religious School 12:15 pm 8-12 th Grade	14 7:30 pm Choir Rehearsal	15 4:15 pm Religious School 7:00 pm Jewish War Veterans Meeting	16	17	18 6:30 pm Artist Reception with Susan Mason 7:30 pm Choir & Torah Service with JCUA's Avra Shapiro & Daniel Kaplan (Readers: Leslie Zuckerman & Holly Krakow)	19 9:15 am Torah Study 10:30 am Pray 'n Play 10:35 am Morning Minyan
20 9:00 am Youth Choir Rehearsal 9:45 am Religious School 9:45 am Megillah Reading & Shpiel 10:45 am Purim Carnival	21	22 No Religious School	23	24 Purim	25 5:30 pm Pizza Dinner 6:15 pm Shabbat Shalom	26 9:15 am Torah Study 10:35 am Morning Minyan
27 No Religious School	28 7:30 pm Choir Rehearsal	29 No Religious School 11:00 am Hebrew Class	30	31	Kindle Shabbat Candles at dinner or at the following times (CDT): 4..... 5:25 pm 11..... 5:33 pm 18..... 6:41 pm 25..... 6:49 pm	

Shabbat Services Schedule

Friday, March 4

6th Grade Shabbat Dinner6:30 pm
Shabbat Evening Service with 6th Grade7:30 pm

Saturday, March 5 — Vayak'heil, Exod. 35:1-38:20

Torah Study9:15 am
Lucy Rubenstein Bat Mitzvah10:30 am
Morning Minyan10:35 am

Friday, March 11

4th Grade Shabbat Dinner6:30 pm
Shabbat Evening Service with 4th Grade7:30 pm

Saturday, March 12 — P'kudei, Exod. 38:21-40:38

Torah Study9:15 am
Jacob Karman Bar Mitzvah10:30 am
Morning Minyan10:35 am

Friday, March 18

Artist Reception with Susan Mason6:30 pm
Choir & Torah Service7:30 pm
Guest Speaker from JCUA: Avra Shapiro & Daniel
Kaplan (Readers: Leslie Zuckerman & Holly Krakow)

Saturday, March 19 — Vayikra, Lev. 1:1-5:26

Torah Study9:15 am
Pray 'n Play10:30 am
Morning Minyan10:35 am

Friday, March 25

Pizza Dinner5:30 pm
Shabbat Shalom6:15 pm

Saturday, March 26 — Tzav, Lev. 6:1-8:36

Torah Study9:15 am
Morning Minyan10:35 am

Want to inquire more deeply into a passage after the Shabbat service?
Find the weekly parashot and commentaries at these links:

Weekly D'var: <http://urj.org/learning/torah/>

or

<http://www.reformjudaism.org/>

Parashot Summaries: <http://urj.org/learning/torah/summaries/>



Many Paths. One Community

We are a spiritual home that engages our members and community in *prayer, learning, and the pursuit of social justice*. We prize *inclusiveness, innovation, and involvement* in our programs, life cycle events, and leadership. Everyone who walks into our building should feel *inspired, uplifted, and connected*.

Pathfinder

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Cantor: Cantor Vicky Glikin (cantorglikin@gmail.com)
Rabbi Emeritus: Rabbi Dov Taylor (rabbid@solel.org)
Executive Director: Allan Litwack (allan@solel.org)
Director of Congregational Learning: Ashley Plotnick
(soleleducator@gmail.com)
President: Josh Lowitz (president@solel.org)



Deadline for Submissions: The next *Pathfinder* will be published April 2016. Please submit material by email on or before March 15, 2016 in order for it to appear in the April *Pathfinder*.