



PATHFINDER

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Why You Should Cry Your Eyes Out

So many of our congregants apologize to me at funerals. They apologize when they start crying. They even apologize during the eulogy, as if we need to be ashamed for having loved so deeply.

So many of us tend to see tears as a sign of weakness or vulnerability. In truth, however, *tears are a sign of strength. They are a sign of life. They are a sign of real feeling.* We cry because we are alive. We cry because we care.

The 3000 Year Old Tears

The ancient Israelites knew this truth. They saw tears as sacred. Several decades ago, for example, archaeologists discovered a 3000-year-old vessel. It served as a sacred container for human tears.

Sometimes we do not know our feelings until we let them out. Tears do so. Tears, uniquely, can express a range of feelings, often seemingly opposite ones. We cry in pain. And cry in joy. We shed tears of loss and tears of happiness.

What Happens When We Don't Cry

What happens when we don't let ourselves cry? We strangle our feelings. We hold them up inside.

Sometimes holding inside our feelings is necessary. Yet, over time we can become acclimated to it. Hiding our feelings becomes natural, and we become callused and insensitive. We forget how to love, how to cherish, how to feel, and feel deeply. We may lose the pain, but in so doing, we also forget the joy.

I tell grieving family members to let themselves cry. Tears testify to their love. They evoke the tenderness and intimacy that make life meaningful and sacred.

One writer calls tears "a sacrament of love." *They are an x-ray of our heart.* Even for the ancient rabbis — who privileged study and the intellect as the critical means for relating to God — tears transcended other forms of worship.

(Continued on page 13)



Cantor Glikin's Desk — The Power of High Holy Day Music

I clearly remember the first time I attended a service in a synagogue. It was Yizkor on Yom Kippur and I was 13 years old. I was sitting in between my mother and my grandparents, none of whom had ever been to the synagogue before either. Despite the fact that they had never been, they knew that they had to be in a synagogue for Yizkor and this was our first opportunity to do so since our immigration to the United States from Ukraine on the 4th of July earlier that year. I felt completely lost and did not understand what was going on. The prayers were strange and unfamiliar. The Hebrew was entirely alien. The people seemed unfriendly and aloof. I wanted to leave.

Unexpectedly, the cantor started to sing a familiar piece of music. I knew this song from the Children's Jewish Musical Theater in which I had participated while still living in Ukraine. Everyone around me was singing and I started to sing along. Immediately, the discomfort I had felt earlier melted away and in its place surfaced feelings of connectedness and belonging. The previously ostentatious atmosphere now felt warm and heimische. The people around me no longer seemed as strangers, but as long-lost relatives. I felt that I had found my home and my roots.

It would take years for me to fully realize the impact of that powerful moment. But even at that time, at age 13, I recognized that music served as a most potent connector. A familiar song gave me the feeling of belonging and became an entryway into what had previously seemed to be a completely foreign environment. It demonstrated to me that the synagogue was, in fact, a part of my culture also.

Music is often referred to as "the universal language," implying that it has the power to communicate across cultural barriers. In Judaism, music is certainly a "universal" language, but it is also a "holy," a "timeless," and an "essential" language. Music has the power to connect us to ourselves, to each other, to God, to the past, and to the future.

Music is central to High Holy Day worship. Many of the tunes that are heard during Rosh Hashana and Yom Kippur can only be heard at this awesome time of year because they reflect the mood of the holidays. When we hear the pleading notes of "Avinu Malkeinu," our hearts are instantly cracked open. When we are reminded of the High Holy Day *nusach* (tune), we are immediately transported to all of the previous High Holy Day celebra-

tions in our lifetime. Even if we do not know that the melody we are hearing is in the "Adonai malach" mode, the musical mode that is literally translated to mean "Adonai ruled" and which is reserved for the most grand of melodies, we are moved by the magnificence of the sound, which so accurately reflects the tone of the Days of Awe.

Perhaps, the full measure of the power of High Holy Day music can be gleaned from the story of the Kol Nidre prayer. At various times during our history, the Kol Nidre prayer, which annuls unfulfilled vows, has been used by anti-Semites as proof that the oath of a Jew is worthless. While there are *halachic* laws that severely limit the kinds of vows that can be annulled, in the late nineteenth century, a number of Reform rabbis in Germany stopped saying the words of Kol Nidre due to their discomfort with the message of the prayer. But even as the prayer was no longer recited, so strong was the pull of its melody that it was still played at the service named after this central prayer. Eventually, even those synagogues that stopped saying the Kol Nidre prayer resumed the practice because of the emotional pull of the chanted words.

Leonard Bernstein wrote, "Music can name the unnameable and communicate the unknowable," highlighting what most of us know to be true on the visceral level. Music has the ability to crack open our souls and to touch our very essence. It manages to bypass the intellectual and to reach directly for the heart. In fact, music is the very language of the heart, capable of fully expressing the power of our emotions. Rosh Hashana and Yom Kippur, as well as S'lichot, the holiday that prepares us for the Days of Awe, are a time of heightened emotions. In this time, we come together as one community to contemplate, reflect, and recommit ourselves to our highest values and ideals. We look deeply within our hearts, striving to become the best possible versions of ourselves. I hope that the music during the Days of Awe will uplift, stir, inspire, and move you to return to the land of your soul.

- Cantor Vicky Glikin
cantorglikin@gmail.com

Congregation Solel Presents
**The Life and Music
of Moshe Wilensky**



October 18 at 4:00 pm

**FEATURING CANTOR VICKY
GLIKIN AND SPECIAL GUESTS**

Moshe Wilensky is one of the most significant and influential composers of the new Israeli Song. His compositions tell the story of the land of Israel and the State of Israel from 1930s until the late 1990s. Join us at this concert to learn about Wilensky's life and to hear the music that helped shape a nation.



From Our President

The busy summer of congregation life is drawing to a close and now we usher in an even busier season. This month we will celebrate the High Holidays together, reconvene our Religious School, and finish up the last few things we did not get to over the summer...

Obviously the September (or once in a great while, October) headline for a synagogue is worshipping together on Rosh Hashana and Yom Kippur. I look forward to this assembly of Solelites every year. Together we welcome the New Year, ask forgiveness for our sins, and recommit to a year of faith and fellowship.

With Rabbi Moffic, Cantor Glikin, our fabulous choir, and our extended Solel family together in our beautiful sanctuary, it is hard not to be moved and feel the power of our congregation. I hope that these High Holidays continue to strengthen the bonds of our congregants and remind us all how much we love Solel and our Solel family, and how gratifying it is to be a member of our community.

Rosh Hashana Reception

In addition to praying together, we have a longstanding tradition of sharing warm greetings during the High Holidays at Solel. And 5776 will not be an exception. The board of directors, Rabbi, Cantor, and our families want to see every congregant, and shake hands or give a hug at our annual Rosh Hashana reception, immediately following services on Monday, September 14 in the tent you will see on the east side of the building. And many of us plan on staying at the reception for a long time, so family service attendees can stop by on their way in as well.

Religious School

On Sunday, September 20, between Rosh Hashana and Yom Kippur, our Religious School will celebrate its first day of classes with our new Director of Congregational Learning, Ashley Plotnick. All of Ashley's and Religious School Coordinator (and teacher) Michael Schneider's hard work – bringing together an outstanding faculty of long-time and new teachers, updating the curriculum for 8th -12th grades, scheduling valuable family activities for the year, and talking with lots of parents and students – will culminate in our first day of school, and the beginning of another rewarding year educating our youth.

End of Summer...

Our fiscal year and our spiritual year conspire to create a rush of activity as summer comes to a close.

(Continued on page 13)

Days of Awe 5776/2015

Schedule of Worship and Fall Festivals

Selichot

Join us on **Saturday, September 5 at 7:00 PM**. We will begin with a light meal, then move into the Sanctuary for Havdalah, study and a worship service with the Solel choir. This is a great informal opportunity to learn, reflect and prepare for our sacred days.

Adult Services

A formal service with sermons geared to adults and children in 6th grade and older. Our seating policy allows you to save one seat for a designated driver. **Cards of Admission are required.**

Doors open one hour before services begin.

Rosh Hashanah

Sunday, September 13

Evening Service 8:00 PM

Monday, September 14

Morning Service 10:00 AM

Board Reception 12:30 PM

Tuesday, September 15

Second Day Service 9:30 AM

Yom Kippur

Tuesday, September 22

Kol Nidre 8:00 PM

Wednesday, September 23

Morning Service 10:00 AM

Afternoon Service 3:30 PM

Memorial/Yizkor Service 4:30 PM*

Concluding Service 5:00 PM*

**Times are approximate*

Family Services

Monday, September 14 at 2:00 PM and

Wednesday, September 23 at 2:00 PM.

Join us for lively, informal services for families with children. Guests are welcome and Cards of Admission are not required. Bring friends and family!

Second Day of Rosh Hashanah Worship

Tuesday, September 15 at 9:30-11:00 AM. The service will be in the Chapel. Cards of admission are not required.

Tashlikh and Shabbat Shuvah

Friday, September 18

The Tashlikh ceremony will start at 5:45 PM by the pond in Fink Park, followed by a short child-friendly service. Bring your own shofar! If weather doesn't cooperate, Tashlikh will be at Congregation Solel.

Shabbat Shuvah Services will be in the Chapel immediately following Tashlikh at 6:15 PM.

Sukkot

All are invited not to one but two Sukkot celebrations! The first one will be our **Sukkot Family Experience** on **Tuesday, September 29 at 6:00 PM**. Join us with family and friends for the first night of Sukkot for this short, engaging, and song-filled family experience for families with pre-readers. If you like Pray 'n Play this is the service for you! The service will be followed by child-friendly snacks. Come celebrate and have fun with your children and grandchildren!

If you can't come on Tuesday, don't worry, you can join us at our **Sukkah Decorating and Potluck Lunch** on **Sunday, October 4 at 12:00 PM** (right after Religious School). Please bring a nut-free dish that can be shared with 8-10 people and we will provide dessert. **Guests are welcome.**



What are you doing to celebrate the High Holy Days?

Come to Congregation Solel's 2015/5776 Family Services!



Rosh Hashanah: Monday, September 14 at 2:00 pm

Yom Kippur: Wednesday, September 23 at 2:00 pm

Join us for lively, informal services for families with children. Guests are welcome and tickets are not required. Bring friends and family!

Tashlikh and Shabbat Shuvah: Friday, September 18 at 5:45 pm

We will begin with the Tashlikh ceremony at 5:45 pm by the pond at Fink Park, which will be followed by a Shabbat Shuvah service for the whole family at 6:15 pm in the Chapel. Bring your own shofar! If the weather doesn't cooperate, Tashlikh will be inside Congregation Solel.



Sukkot Family Experience: Tuesday, September 29 at 6:00 pm

Join us with family and friends for this short, engaging, and song-filled family experience for families with pre-readers. If you like Pray 'n Play, this is the service for you! Come celebrate and have fun with your children and grandchildren!



Simchat Torah: Friday, October 9 at 6:30 pm

We will celebrate the completion of the reading of the Torah and the beginning of the new reading cycle. Join us for singing, dancing, and celebration!



RSVP appreciated to Michelle Raz at
soleoffice@solel.org or (847) 433-3555.



September Artist Exhibit in Lounge: Bert Menco

Solel will host a reception for our September artist, Bert Menco on Friday, September 4 at 6:30 pm and he will explain his work to the congregation.

Biography

Bert Menco (born in 1946, Arnhem, The Netherlands) worked as a Research Associate Professor in the Department of Neurobiology and Physiology at Northwestern University (Evanston, IL) from 1982 until 2006. As an artist, he draws, paints, and prints, the latter at the North Shore Art League in Winnetka. He has had several one-person shows in this country as well as abroad. Most recently he exhibited in Chicago at the Art Center in Highland Park and the Oculus Gallery in the Pilsen neighborhood. Concurrent with this show he has a one-person exhibition at the Re-Invent Gallery in Lake Forest. He has participated in numerous invitational and juried exhibitions. His artwork has been featured in books, newspapers and magazines. Bert's work is represented in private as well as museum collections. He received a Sponsors' Award in the 3rd Sapporo International Print Biennale (1995) and his work is included in *The Best of Printmaking: An International Collection*, Rockport Publishers, Gloucester, MA (1997). Menco curated and co-curated several exhibitions in the Chicago area, among these (October 2007) "Devils & Beasts" at The Art Center in Highland Park.

Bert Menco's Dutch-Jewish background has had an unavoidable personal impact on him. Much of his interest in art came from his mother's father, who was murdered by the Nazis. Another important factor in kindling his interest in art was his childhood neighbor, the retired grade school teacher and surrogate grandfather (as Menco never knew one) Mr. van der Giessen. Mr. van der Giessen, who, by the way, was Audrey Hepburn's grade school instructor, had an incredible collection of art books, which he generously shared with Bert and his brother Ido. Bert did not elect to pursue a career in art, but rather chose a career in science. However, throughout his scientific career he managed to be very active in the arts.

In 1972 he left The Netherlands for Coventry, England, to pursue an advanced degree in science at Warwick University, resulting in a Ph.D. in Agricultural Sciences (Wageningen, The Netherlands, 1977). In 1975 he returned to The Netherlands, where he worked at the University of Utrecht, and in 1982 he left for the United States, after a brief German intermezzo. In each country where he lived and worked he also pursued his art. As a scientist he studied the cellular biology of the sense of smell using electron microscopy. His art is insofar affected by his, now former, scientific activities,



that the often-tedious discipline needed in research is also used in his art. However, Bert believes that his actual images do not relate to his scientific work; he does not use nature as his main source, but rather his quite active inner world.

Artist's Statement

Though they may seem simple, my drawings, intaglio prints, and paintings are actually quite elaborate; half a year's work on an image is no exception for me. I draw directly or use small sketches, even doodles, as image-generating nuclei, often combining two or three that appear to complement each other. I rarely use concrete references, but rather work from inner visions. I tend to be narrative in my own art, perhaps even poetically narrative. I don't see my images as telling a story but rather as reflections of inner feelings, similar to some poetry, and would like observers to read them as such. I like to believe that my work carries a certain mystery. My images are very much "inside out." I have usually some idea of what I want to achieve, but much of the image is generated while I draw or paint. The end product always surprises me. Analyzing my own art is difficult but I think that the dreamlike images tend to deal with confined spaces. Within these confines, certain characters try to reach out to one another but do not quite succeed. This theme is a reflection of a precarious balancing act that many of us have to deal with in our lives.

**Please join us for
Sukkah decorating
and a potluck lunch!**

**Sunday, October 4
at 12:00 pm**



Please bring a nut-free dish that can be shared with 8-10 people and we will provide the dessert!

RSVP appreciated to Michelle Raz at solelooffice@solel.org or (847) 433-3555.



Simchat Torah

**Simchat Torah
Friday, October 9
6:30 pm Evening Service &
Consecration**

**Bring friends & family of all ages to
celebrate the completion of the
reading of the Torah and beginning
the new reading cycle!**

We would welcome your donations to help make the Shabbat oneg special! Please return this form to the synagogue office if you are interested in sponsoring.

Name: _____

Phone: _____

Email : _____

Please accept my check in the amount of: _____

Please charge my credit card in the amount of:

We accept VISA * MasterCard * Discover Card

CC #: _____

Expiration Date: _____

Hava Nashira

**September 4
7:30 pm**

**An engaging & spirited
service featuring
fresh & familiar
melodies.**

**Join us for an evening of
song & inspiration,
accompanied by Solel's own
instrumentalists & singers.**

Future Dates:

November 4
February 5
April 8
June 3



Solel Film Group Presents: *The Two of Us*

Film & Discussion Moderated by Eugene Finerman

Tuesday, October 6 at 7:15 pm

Charming and delightful...That is not the usual description of life in Nazi-occupied France. Yet, through the eyes of a young Jewish refugee hiding on a farm, "The Two of Us" is a joy. It is also an autobiography, and Director Claude Berri shares with us the surprises of his adventure.

The rambunctious young Claude seems to invite trouble, to the despair of his parents; in occupied France, a Jewish family does not welcome attention. Christian friends arrange for Claude to be sheltered on the farm of an elderly couple; but the boy must hide his Jewish identity. The old farmer is a curmudgeon who subscribes to all the anti-Semitic stereotypes and prejudices. Yet the cantankerous bigot and the boy become the best of friends.

With an irresistible performance by Michel Simon as the endearing grouch, the award-winning French film has English subtitles.

FREE AND OPEN TO THE PUBLIC

**Congregation Solel Film Committee:
Phil Cohen, Eugene Finerman,
Sandy Kaminsky, and Susan O'Neill**



A Women's Seder to celebrate

*Join us for dinner,
with song, wine,
friendship and freedom.*



© Shadur

Sunday, April 10 at 4:00 pm

We need **YOUR** help to plan this year's Women's Seder. Whether you've been involved in the past, or if this will be your first time, we need **YOU!**

**Please join us for a planning meeting on
Monday, October 19 at 7:30 pm**

At this meeting you will meet some of Sole's incredible women and learn how to get involved. Each and every person on the planning committee makes the Seder special every year and we'd love for **YOU** to take part! It's a great opportunity to spend time with your friends at Sole and make new ones!

Please contact Cantor Vicky Glikin with any questions at cantorglikin@gmail.com or (847) 433-3555.

President Josh Lowitz and the entire Board of Directors cordially invite the members of Congregation Solel to the annual

Rosh Hashanah Board Reception in honor of the New Year, 5776.

Monday, September 14, 2015 at 12:30 pm



The Board Reception is an opportunity to celebrate and socialize with your Solel family and friends.

Whether you plan on attending Rosh Hashanah morning services, the Family Service or both, everyone is welcome to attend.

Calling all Photographers & Videographers!!

Do you like to videotape and take pictures? You can help Solel capture its treasured moments! If you would be willing to help take pictures or videotape at events throughout the year, then this is an opportunity for you! We are happy to provide the equipment.



Please help us to capture the moments that make Solel the special community that it is!

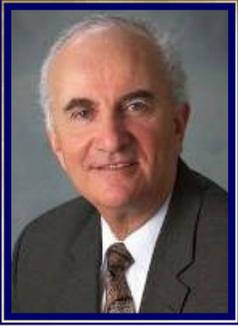
To sign up and with any questions, please be in touch with Rachel Meltzer at rachel.meltzer@sbcglobal.net.

Joyce Schragar's classes will resume in September.

Short Stories on Wednesday, September 9

Current Events on Monday, September 21





SAVE THE DATE FOR TWO EXCITING OPPORTUNITIES WITH RABBI DOV TAYLOR:

November 13-15, 2015
Scholar in Residence Weekend at Solel

February 28-March 10, 2016
An Interfaith Experience of Israel & the West Bank

Details can be found [here:](http://www.mejditours.com/open-tour/an-interfaith-experience-of-israel-palestine/)
<http://www.mejditours.com/open-tour/an-interfaith-experience-of-israel-palestine/>

SHABBAT SHALOM

A SERVICE FOR THE WHOLE FAMILY

SEPTEMBER 25

5:30 PM Pizza Dinner
6:15 PM Shabbat Service

With its high energy and casual atmosphere it is the perfect way for families and Solelites of all ages to celebrate Shabbat.

If you celebrated a birthday or anniversary in the month of September, please join us at this service for a very special blessing celebrating your milestone.

To help celebrate, we encourage you to bring a children's present or gift card to donate to the Ark for those who are less fortunate.

Shabbat. Friendship. Community.
Family. Song.



Future Dates:
October 30
November 27
December 25

Halloween

Pray 'n Play

Saturday, October 31
10:30 am

PUT ON YOUR FUN HALLOWEEN COSTUMES & join other families with children 0-5 years of age for a fun, interactive "Gymboree-style" Shabbat program, featuring music, maracas, puppets & parachutes.

Followed by a complimentary bagel brunch and playtime. Older siblings are welcome to attend!

Come, sing, play, make friends!! Led by Cantor Vicky Glikin.

Future Dates:
November 21
December 19
January 23

Mitsva Committee Expanding

The Mitsva Committee is expanding and planning for the future! The co-chairpersons for 2015 are Dr. Phyllis Loeff and Marilyn Meyers, who want to bring the possibilities of doing mitsvot near to everyone. There are moments in every life when an instantaneous reaching out and response can be restorative and fuel us to face our tasks with renewed vigor. Most of us are unaccustomed to asking for help in our personal lives from our fellow congregants. Still, we hope the benefits of the giving and taking will encourage us to ask from one another.

We hope to create an ongoing network that can perpetuate itself by offering opportunities of many kinds to help others and make a difference. The task may be small or on a one-time basis. We hope we can discover needs unanswered before, and invite all our members to call us when they become aware of a Solelite who could use some help.

Here are some possible situations:

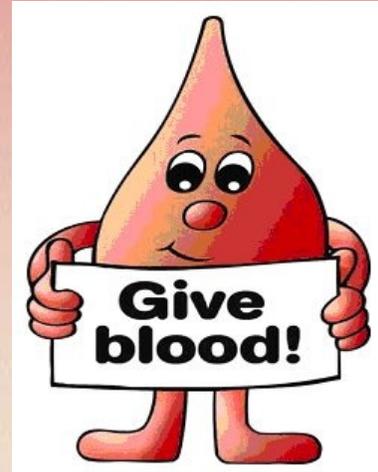
- Transportation; a ride to and from a doctor's appointment; a ride to services or a class at Solel.
- Visiting those in need; homebound convalescents, patients in the hospital.
- Emergency phoning; in illness or a death in the family.
- Errands: pick up prescriptions or groceries for the homebound or for a family with a sick child, respite for the caretaker.
- Meals: for the unexpected crisis.

As you can see, most of these needs are more crisis-oriented, but we want to hear from you if you know of a need unmet in our congregation where a Solel friend could help.

Please call Congregation Solel's office at (847) 433-3555 and they will contact the committee.

Join Solel's Fall Blood Drive!

October 25
8:30 am – 12:30 pm



Solel's blood drives have consistently been among the most successful blood drives of any congregation on the North Shore.

Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Join your fellow congregant donors for bagels and cream cheese, home baked goodies and shmoozing.

Appointments can be made by contacting Diane Resnick: dnrphd@gmail.com or (847) 926-8510, Julie Bringas: jbringas@sbcglobal.net, Debbie Zucker: zuckerdeb@sbcglobal.net or by going on the Lifesource website: <https://donateblood.lifesource.org/>.

From Our President

(Continued from page 3)

The last few of us still need to finalize our membership commitments and High Holiday admission card requests. Allan Litwack, Evelyn Brewer, Michelle Raz, Vic Bassi, and Jenny Gilbertson manage all of this efficiently and with the sensitivity required in our sacred community.

Sharing Solel

We are welcoming new congregants, too. Like the gates of prayer and repentance in our Yom Kippur morning meditation, the gates of Solel are never closed. These coming weeks present wonderful opportunities for you to share Solel with your friends, family, neighbors, and colleagues. Our High Holiday family services are open to all, and younger children (pre-K, kindergarten, and 1st grade) can attend our Religious School before their family joins the congregation.

L'Shana Tova

Ricki, Adele, Harry, and I want to wish you a happy, healthy, and fulfilling Days of Awe and New Year. We look forward to greeting you in the coming weeks and to worshiping, learning, committing to social justice, sharing lifecycle events, and congregating together for all of 5776.

- Josh Lowitz
president@solel.org

Rabbi Moffic

(Continued from page 1)

Tears are Holy

One of the great eighteenth century rabbis, Mendel of Kotzk, tells the story of one of his students.

This student told Rabbi Mendel that he was suffering and in such pain that he could not pray or study. He felt guilty and ashamed. Then the rabbi said to him, "What if God prefers your tears to your studying?"

Sometimes God prefers our tears to our words. Sometimes God prefers our tenderness to our eloquence.

- Rabbi Evan Moffic
emoffic@gmail.com

Thou Shalt Not Stand Idly By: A Discussion of Gun Safety

Sunday, October 25
10:30 am -12:00 pm

at Lakeside Congregation for
Reform Judaism

1221 Lake Cook Road • Highland Park, IL 60035
(847) 432-7950

Program:

Laura Frisch, Representative from Moms Demand Action for Gun Sense in America
"Be SMART for Kids": A Conversation About Kids, Guns, and Safety

Lake County Sheriff's Deputy Roman Buchberger

Gun Safety as it Pertains to Public Safety, FOID (firearm owners' identification cards), safe gun storage, and smart guns

Video: Dr. Gary Slutkin's TED Talk

Let's Treat Gun Violence Like a Contagious Disease

Q&A

Next Steps

Light brunch prior to the program. Free.
Open to Congregation Solel and Lakeside
Congregation members only.

For more information, contact
Meta Levin at meta.levin@comcast.net or
Sharon Stein at sstein24@gmail.com.

**Sponsored by Congregation Solel Just
Congregations Initiative and
Lakeside Congregation Social Action Committee**



ATTENTION STUDENTS! SAVE THE DATE FOR OUR YOUTH GROUP THIS YEAR!!

Trailblazers (3rd - 5th graders)

Saturday, October 17: Havdalah, Pizza, Movie, & Dessert

Solelim (6th - 8th graders)

Saturday, October 24: Havdalah, Pizza, Movie, & Dessert

SoITY (9th - 12th graders)

Tuesday, November 17: Meal packing for PADS & Dinner

KEEP
CALM
AND
GO TO
YOUTH GROUP

Nickel City, Gaga Tournaments, Chicago Wolves Hockey Games, and more!

For more information, please contact
Michael Schneider at religious_school@solel.org or (847) 433-3417.

FUNDRAISING EVENT



Date: Monday, November 9, 2015

Time: 4:00 pm - 10:00 pm

Location: **Lou Malnati's:**
HIGHLAND PARK
1890 First Street
847.266.9000



Carryout and Delivery (within zone)

FOR QUESTIONS:

Please contact Michael Schneider - religious_school@solel.org

Lou Malnati's will donate 20% of total sales to Congregation Solel (20% based on *pre-tax purchase, excluding alcohol*) from every order received - *Dine-in, Carryout OR Delivery* (within zone) - **WITH THIS FLYER** on 11.09.15. **FLYER MUST BE PRINTED OR SHOWN ON MOBILE DEVICE.**

Cannot be combined with any other promotional offers including but not limited to: discounts, Deep Dish Dough rewards redemption or Malnati Mail welcome coupon.

- ★ PLEASE MENTION FUNDRAISER EVENT WHEN PLACING ORDER.
- ★ OFFER VALID ONLY AT THE DATE AND LOCATION LISTED ABOVE.

Mazal Tov to James Pasternak on his Bar Mitzvah!



James Pasternak, son of Susan and Andrew, will become a Bar Mitzvah on September 5, 2015. He is in 8th grade at Lake Forest Country Day School in Lake Forest. James's favorite hobbies are playing tennis, RC planes and playing basketball with his brother Josh. From his Mitzvah Project, James learned that he enjoys speaking Spanish to communicate with people in his local community, and that he can use some of his skills to help other kids. James's Torah portion is *Ki Tavo*, from the Book of Deuteronomy. The most important thing James learned from his Torah portion is that rules and consequences help create ethical and behavioral norms and expectations. The important thing James learned from his experience becoming a Bar Mitzvah is that hard work pays off, even when it's not fun. The greatest challenge he faced in preparing for his ceremony was learning how to think about the Torah's meaning for his own life.

Mazal Tov to Jacob Zucker on his Bar Mitzvah!



Jacob Zucker, son of Bill and Debbie, will become a Bar Mitzvah on September 26, 2015. He is in 7th grade at Edgewood Middle School in Highland Park. Jacob's favorite hobbies are playing baseball, hanging out with friends, and going to Camp Chi. From his Mitzvah Project, Jacob learned to be grateful for what he has because some people have extra challenges in life. Jacob's Torah portion is *Ki Ha'azinu*, from the Book of Deuteronomy. The most important thing Jacob learned from his Torah portion is the importance of passing things down from generation to generation. The important thing Jacob learned from his experience becoming a Bar Mitzvah is to work hard and to be grateful for what he has. The greatest challenge he faced in preparing for his ceremony was learning the different tropes.

SUNSET FOODS & CONGREGATION SOLEL FUNDRAISER



1812 Green Bay Road
Highland Park, IL 60035
(847) 432-5500

Solel's shop & share dates are September 8-9, 2015

1. Sunset is pleased that your not-for-profit organization will earn a donation based on the total amount you spend on your groceries today.
2. Please sign this slip and turn it in to your checker when you finish shopping at Sunset.
3. Shop & Share participants can make purchases at any Sunset on the dates shown.
4. Identification slips are not to be distributed in front of any Sunset store.

Customer Signature

\$ Amount

The Future of Your Healthcare

at Congregation Solel

Sunday, October 4
10:30 – 11:30 am

Guest Speakers:

Murray Levin, M.D., Professor Emeritus in
Medicine - Nephrology, Northwestern
University Feinberg School of Medicine

Lewis Segal, M.D., Diagnostic Radiology,
Northwestern Memorial Hospital

Jeffrey Weinberg, M.D., Internal
Medicine, Northwestern Medical Group

Bruce Hochstadt, Partner, Mercer
Consulting

*Moderated by John Cody, a
well-renowned Chicago
radio reporter*

*Please join our distinguished panel of
Solelites discussing important
healthcare issues such as
what to look for in a doctor,
how to ask questions,
advocate for yourself, and loved ones.*



Rosh Chodesh Cheshvan★
Celebration for Women★

Tuesday, October 13

★ 7:00 pm-9:00 pm



ראש חודש

Rosh Chodesh is a celebration of ourselves,
our uniqueness as women, and
our relationship with the Divine. Join us as
we make new friends, see familiar faces,
and learn more about ourselves and each
other. In the spirit of tzedakkah, please
bring non-perishable food donations for
the Deerfield Food Pantry and Moraine
Township Food Pantry.

Please RSVP to Michelle Raz
at solelooffice@solel.org.

Questions? Please be in touch with Cantor
Vicky Glikin at cantorglikin@gmail.com.

*We look forward to seeing you at this
wonderful event for women!*

Future Dates:

December 13

February 9

June 6

Choir Shabbat

Friday, October 16 at 7:30 pm

Join us as Solel's Adult Choir leads us in harmonious prayer. From time-honored classics to contemporary gems, this service is certain to **elevate and inspire.**

Do you enjoy singing? Then, join the choir! The ability to read music is beneficial, but not required. Just bring your enthusiasm and a smile.

For more information, please contact Cantor Vicky Glikin at cantorglikin@gmail.com



Future Dates:

November 20

December 18

January 15

February 19

March 18

April 15

May 13

Sharing
the
Magic of Music



Thank You For Your Contributions

Cantor's Discretionary Fund

Steve and Holly Cohen, in memory of Joel Cohen
Ellen Diamond and Sherwin Waldman, in honor of Sam's Hebrew naming

Education Fund

Richard and Laura Weil

Human Needs Fund

Alan and Carol Greene, in memory of Marvin Greene and Richard Allen Lake

Laurie and Bruce Kaden, in memory of James Zucker
Sue and Bob Steiner, in honor of Sheila Marks' special birthday

Music Fund

Joan and Warren Eagle, in memory of Maxine Dicker
Michael and Darryl Ebner, in gratitude to Larry and Susan Mason

Rabbi's Discretionary Fund

Ellen Diamond and Sherwin Waldman, in honor of Sam's Hebrew naming

Michael and Darryl Ebner, in memory of Herbert Tucker

Sharon and Jeffrey Karp, in honor of renewing their wedding vows

Linda and Burton Ruder, in honor of Rabbi Evan Moffic

Elliot and Pamela Young, in memory of Edgar Pinnow

Lois and Edmond Zisook, in honor of Seth's marriage

Tribute Fund

Susan and Marc Benjamin, in honor of Molly and Sophie Seligman's Bat Mitzvahs

Mark and Lexis Blitstein, in memory of Simon Blitstein

Phil Cohen, in memory of I.M. Cohen

Faye Grossman, in memory of Eve Levey

Howard and Kaye Haas, in memory of Marie Haas

Richard and Susan Isaacson, in memory of Francine Isaacson

Louis Kahnweiler, in memory of Leo Kahnweiler

Dennis and Barbara Kessler, in memory of Maxine Dicker

James and Gail Marovitz, in memory of Stanley

Florsheim, Ivan Marovitz, and Harold Marovitz

Larry and Susan Mason, in honor of the birth of Betsy and Scott Lassar's grandson.

Sue Samuels, in memory of Tillie Gilford

Lew and Gail Segal, in memory of all Segal/Heller yartzeits in 2015/2016

Fred and Brenda Turner, in memory of Meyer Turner

Barbara Volin, in memory of Louis Volin

Howard and Margot Walton, in memory of Elsie Walton

Suzanne Weiskopf, in memory of Nina Tysler

Jerry and Jan Wolf, in memory of Tobias Schwartz

As of August 27, 2015

Condolences to...

Bill Zucker, on the passing of his father, James Zucker.
Daniel Schwartz, on the passing of his father, Tobias Schwartz

Stock Transfers to Congregation Solel

In order to make stock transfers from your accounts to Congregation Solel, the congregation works with Mesirow Financial, Inc.

Please Note: This is a NEW location for gifting stocks to Congregation Solel:

Mesirow Financial, Inc.

DTC# 0226

F/B/O NFS Account#WMP-002738

Congregation Solel

As always, your contributions to Congregation Solel are tax deductible to the extent allowed by law.

If there are any questions, please call Allan Litwack, Executive Director, at (847) 433-3555, ext 225.

Thank you for your continued support.

Pastoral Care at Congregation Solel



Rabbi Moffic, Cantor Glikin, and your Solel community want to support you in times when you or someone close to you is in need of physical, spiritual, or emotional healing.

Your congregation cares about you! Please help us to know when you are in need of extra care at clergy@solel.org.

September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Kindle Shabbat Candles at dinner or at the following times (CDT):</p> <p>4..... 6:59 pm 11..... 6:47 pm 18..... 6:35 pm 25..... 6:23 pm</p>	<p>1 4:00 pm Youth Choir Rehearsal 7:00 pm Jewish War Veterans Executive Meeting 7:30 pm Choir Rehearsal</p>	<p>2</p>	<p>3 7:30 pm Choir Rehearsal 7:30 pm Religious School Committee Meeting</p>	<p>4 6:30 pm Artist Reception with Bert Menco 7:30 pm Hava Nashira Service</p>	<p>5 9:15 am Torah Study 10:30 am James Pasternak Bar Mitzvah 10:35 am Morning Minyan 7:00 pm Selichot</p>	
<p>6</p>	<p>7 Labor Day</p>	<p>8 4:00 pm Youth Choir Rehearsal 7:30 pm Choir Rehearsal</p> <p style="text-align: center;">SUNSET FOODS FUNDRAISER</p>	<p>9 10:00 am Joyce Schragar Short Stories</p>	<p>10 7:30 pm Choir Rehearsal</p>	<p>11 7:30 pm Shabbat Evening Service</p>	<p>12 9:15 am Torah Study 10:35 am Morning Minyan</p>
<p>13 Office Closed Erev Rosh Hashanah 8:00 pm Evening Service</p>	<p>14 Office Closed Rosh Hashanah 10 am Morning Service 12:30 pm Reception 2:00 pm Family Service</p>	<p>15 Office Closed Rosh Hashanah 9:30 am Morning Service</p>	<p>16</p>	<p>17 7:30 pm Choir Rehearsal</p>	<p>18 5:45 pm Tashlikh 6:15 pm Shabbat Shuvah Service</p>	<p>19 Shabbat Shuvah 9:15 am Torah Study 10:35 am Morning Minyan</p>
<p>20 First Day of Religious School 9:00 am Youth Choir Rehearsal 9:45 am Pre-K Session 9:45 am Religious School</p>	<p>21 9:30 am Joyce Schragar Current Events 11:00 am Joyce Schragar Current Events</p>	<p>22 Erev Yom Kippur No Religious School 8:00 pm Evening Service</p>	<p>23 Office Closed Yom Kippur 10 am Morning Service 2 pm Family Service 3:30 pm Afternoon Service 4:30 pm Yizkor 5:00 pm Concluding Service</p>	<p>24 Ark Food Donation Pick Up</p>	<p>25 5:30 pm Pizza Dinner 6:15 pm Shabbat Shalom</p>	<p>26 9:15 am Torah Study 10:30 am Jacob Zucker Bar Mitzvah 10:35 am Morning Minyan</p>
<p>27 9:45 am Religious School 12:15 pm 8-12th Grade</p>	<p>28 Office Closed - Sukkot</p>	<p>29 4:15 pm Religious School 6:00 pm Sukkot Family Experience</p>	<p>30</p>			

Shabbat Services Schedule

Friday, September 4

Bert Menco Reception6:30 pm
Hava Nashira Service7:30 pm

Saturday, September 5 — Ki Tavo, Deut. 26:1-29:8

Torah Study9:15 am
James Pasternak Bar Mitzvah10:30 am
Morning Minyan10:35 am
Selichot7:00 pm

Friday, September 11

Shabbat Evening Service.....7:30 pm

Saturday, September 12 — Nitzavim, Deut. 22:9-30:20

Torah Study9:15 am
Morning Minyan10:35 am

Friday, September 18

Tashlikh5:45 pm
Shabbat Evening Service6:15 pm

Saturday, September 19 — Vayeilech, Deut. 31:1-30

Shabbat Shuvah

Torah Study9:15 am
Morning Minyan10:35 am

Friday, September 25

Pizza Dinner5:30 pm
Shabbat Shalom Service6:15 pm

Saturday, September 26 — Ha'azinu, Deut. 32:1-52

Torah Study9:15 am
Jacob Zucker Bar Mitzvah10:30 am
Morning Minyan10:35 am



Save the Date: February 26-27, 2015

Snowbird Shabbat with Rabbi Moffic

in Sarasota, Florida

Want to inquire more deeply into a passage after the Shabbat service?
Find the weekly parashot and commentaries at these links:

Weekly D'var: <http://urj.org/learning/torah/>
or

<http://www.reformjudaism.org/>

Parashot Summaries: <http://urj.org/learning/torah/summaries/>



Many Paths. One Community

We are a spiritual home that engages our members and community in *prayer, learning, and the pursuit of social justice*. We prize *inclusiveness, innovation, and involvement* in our programs, life cycle events, and leadership. Everyone who walks into our building should feel *inspired, uplifted, and connected*.

Pathfinder

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Cantor: Cantor Vicky Glikin (cantorglikin@gmail.com)
Executive Director: Allan Litwack (allan@solel.org)
Director of Congregational Learning: Ashley Plotnick (soleleducator@gmail.com)
President: Josh Lowitz (president@solel.org)
Rabbi Emeritus: Rabbi Dov Taylor (rabbitt@solel.org)



Deadline for Submissions: The next *Pathfinder* will be published October 2015. Please submit material by email on or before September 15, 2015 in order for it to appear in the October *Pathfinder*.